























BISHOP'S PALACE















































ROTA DA TERRA FRIA TRANSMONTANA

Rua Visconde da Bouça, 5300-903 Bragança

F: 273 331 938

e-mail: am.terrafria@amtf-nt.pt **fb:** www.facebook.com/rotaterrafria











GUIDE







We cannot truly know a place without going there. Regardless of how much it is said about it, and regardless of how much it is written about it, only the fact of being there can give us the idea of scale; people's soul is only revealed through social contact.

It is a reality that only locally can be understood.

The route that we suggest assumes a continuous and comprehensive configuration with approximately 455 km through the municipalities of Bragança, Miranda do Douro, Mogadouro, Vimioso and Vinhais. These municipalities form the territory of the *Terra Fria Transmontana* and are the best examples of the north-eastern character.

This short guide aims to demonstrate the repository of the offer that the region provides, referring to the most unique aspects of each place of the circuit.





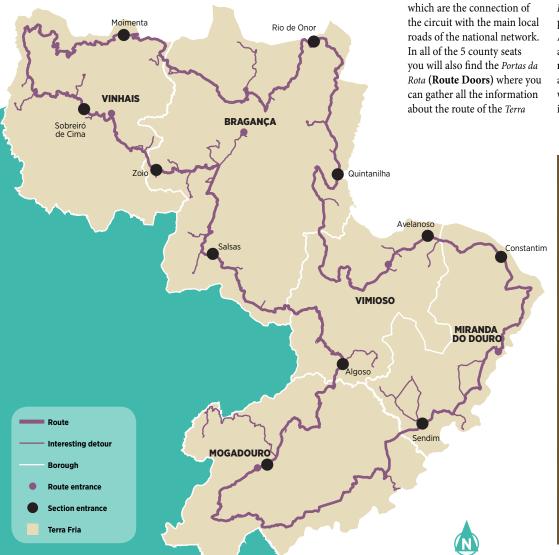


he definition of routes or itineraries is, in fact, an artful expedient which allows, with great economy of time and effort, a more organized view and detailed knowledge of a region. It is even greater when the difference and variety are fundamental notes which animate the landscape and arouse curiosity through the customs and traditions so specific of each locality. This is where this guide assumes its role as a mute cicerone, proposing itineraries previously rationalised, but opening the way to discovery, to intuition and to affinity. Terra Fria route recommends a 455 km road circuit. However, it was created to be a more convenient course comprehending the municipalities of Bragança, Miranda do Douro, Vimioso, Mogadouro and Vinhais and to demonstrate the

rich variation of landscape, integrating all the best that can be offered. And what is not in sight, is within our reach. The pleasure, curiosity and spirit of adventure will guide you.

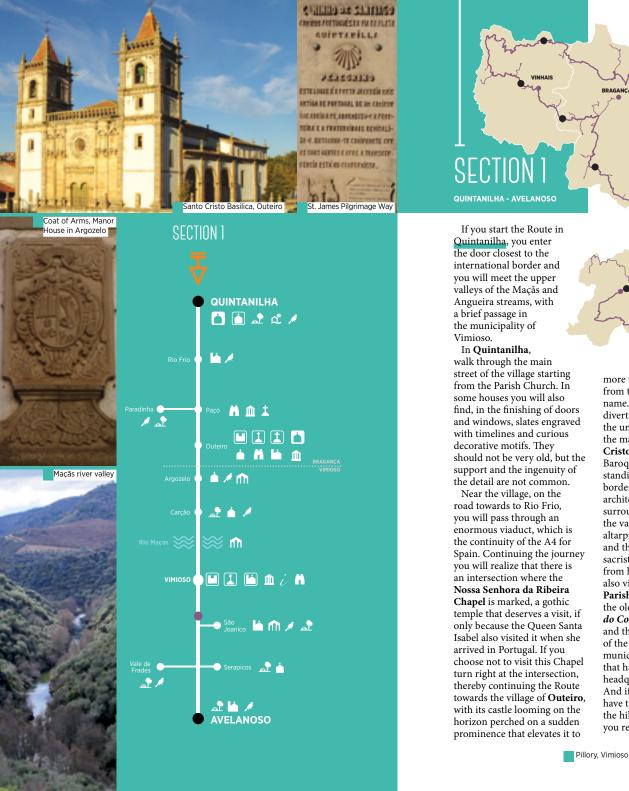
The travel time is at the discretion of each one. If you do it quickly and without delay, you will only get a brief notion of how the land and the weather shape and dress the landscape. All you need is one day with some rest for a quick meal. But if you accept the suggestions that we are offering in order to learn more about the relation between the inhabitant and nature, you will spend the time you want because it might take more than a lifetime to understand how great is the soul of the people of Trás-os-Montes region. Assuming that you will take the tour by car, you can start it in any of the eleven Portas dos Troços (Sections Doors),





Fria Transmontana, either in paper or multimedia format. Along the way, you can also count on the help of multimedia kiosks, located at the Portas dos Troços, as well road signs and general information panels.







more than a hundred metres from the village which took its name. Here, don't hesitate to divert a little and be dazzled by the unexpected appearance of the magnificent Santo Cristo Basilica, a big Baroque building standing in the border. Enjoy its architecture, its surroundings, the vault, the altarpieces and the sacristy. Not far from here you can also visit the old Parish Church, the old Paços do Concelho and the pillory of the extinct municipality that has had its headquarters here. And if you still have time climb the hill until you reach the



ruins of the **medieval castle**. You will feel rewarded just by the sight that you enjoy from there.

Take the national road heading south. The rye and wheat crops are scattered among the fallows, many of them already scrublands, and the woods are scarce. On the right, an indication to the St. Bartolomeu Sanctuary, overlooking the cliffs of the Sabor River. To the West, on the horizon, the Nogueira Mountain.

When you arrive in Vimioso you will notice that it is an airy and happy village, with a clarity that it wouldn't have when it was surrounded by the walls during the Seven Years War. In front of the castle ruins you can see the pillory bearing the antiquity of its municipal prerogatives. In the centre of the village, the Parish Church, with its starry vault, requires a careful visit and in the suburb, the old Watchtower can still

N. Srª da Ribeira Chapel Quintanilha

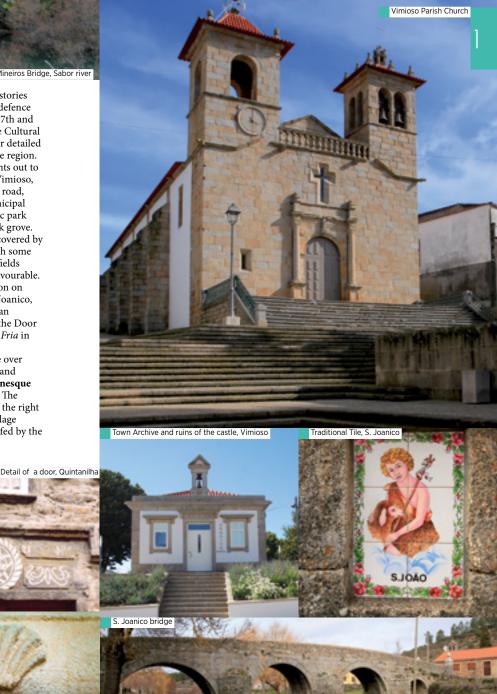
remind you of many stories related to the line of defence of the border in the 17th and 18th centuries. At the Cultural Centre you can gather detailed information about the region.

Now the Route points out to Avelanoso. Leaving Vimioso, on the left side of the road, you can find the Municipal Campsite and a picnic park installed in a cork oak grove. The plateau extends covered by bushes and crags, with some intercalation of cornfields when the terrain is favourable.

At the first indication on the right, towards S. Joanico, you will see the Iberian Adventure Park and the Door of the Route of *Terra Fria* in Vimioso.

S. Joanico, a village over the Angueira stream and with a curious Romanesque bridge of five arches. The second indication on the right is for Serapicos, a village overlooking a marsh fed by the same stream.

St. James Way symbol



USEFUL INFORMATION



BRAGANÇA

Quintanilha Pilgrim's Hostel

R. do Silo. 1 5300-772 Quintanilha Tlm. 916 277 332 www.facebook.com/apamquintanilha

VIMIOSO

Hotel A Vileira

Avenida de Alcanices, 2 5230-308 Vimioso T. 273 518 200 Fax 273 518 203 www.vileira.com

Hotel Rural Senhora de Pereiras

EN 219, Lugar de Pereiras 5230-286 Vimioso T. 273 518 000 | 273 518 001

Casa da Janal

Vimioso T. 214 108 656 Tlm. 963 786 581 966 297 466 Fax 214 108 656 emilia.pimentel@sapo.pt http://janaltur.no.sapo.pt

Local Lodgings "Residencial Centro"

R. Abade de Baçal, 18 Bairro de São Sebastião 5230-304 Vimioso T. 273 512 539 Fax 273 512 254

Vimioso camping and caravan site EN 218

5230 Vimioso T. 273 511 034

Casa de Caçarelhos

Largo da Feira 5230-090 Caçarelhos T. 273 559 297 Fax 273 559 298 www.casadecacarelhos.pt

Casa do Planalto Mirandês

R. do Chapaçal, 11 5230-270 Vilar Seco T. 273 559 198 Tlm. 933 200 948

EATING OUT

BRAGANÇA

Cervejaria Bento

R. do Castelo 5300-711 Outeiro T. 273 589 284

VIMIOSO "Tia Maria" Restaurant

Av. S. Bartolomeu 5230-048 Argoselo T. 273 589 164

"Europa" Restaurant

R. da Fonte 5230-123 Carção T. 273 511 168

"Dourada" Restaurant

Estrada Nacional 318 5230-124 Carção T. 273 512 333

"Luar da Noite" Restaurant

Estrada Nacional 317 5230-124 Carção T. 273 512 270

" A Vileira" Restaurant

Av. de Alcañices 5230-308 Vimioso T. 273 518 200

Senhora de Pereiras Restaurant

Estrada Nacional 218 5300-300 Vimioso T. 273 518 000 Tlm. 933 190 047

"Amazónia" Restaurant

R. Dr. Trigo de Negreiros 5230-326 Vimioso T. 273 511 023

"O Bléu" Restaurant

Rua Abade Baçal 5230-304 Vimioso Tlm. 967 603 928

"As Rosas" Restaurant / Barbecue

Av. de Alcanices 5230-308 Vimioso T. 273 106 344

Pizzeria "Juventude"

Bairro S. Sebastião 5230-304 Vimioso T. 273 512 461

Pizzeria "Pires"

Praça Eduardo Coelho 5230-315 Vimioso T. 273 512 281

LEISURE / SERVICE

BRAGANÇA

Museum of Traditions, Arts and Inventions

R. Central 5300-772 Quintanilha T. 273 939 445 (contacto da Associação Protetora "Amigos do Maçãs")

Rio Frio of Paçó Ethnographical

Museum

R. do Val

5300-832 Rio Frio de Paçó apqyprf@sapo.pt (contact of Associação Promotora da Qualidade de Vida de Paçó de Rio Frio)

Outeiro village museum

R. da Picarrela 5300 – 711 Outeiro T. 273 589 252 (Junta de Freguesia)

VIMIOS

Post Office

Largo Mendo Rufino 5230-999 Vimioso T. 273 518 040 Fax 273 518 046

Ethnographical Museum of the Vimioso House of Culture

Largo Mendo Rufino 5230 Vimioso T. 273 518 120

Vimioso Town Hall

Praça Eduardo Coelho 5230-315 Vimioso T. 273 518 120 Fax 273 512 510 www.cm-vimioso.pt

Terronha Baths

EN 218 - 2 Km 58 (junto à ponte velha do rio Angueira) 5230 Vimioso 7. 273 511 381 /2 /3 termasdevimioso@cm-vimioso.pt

** EVENT

BRAGANÇA

QUINTANILHA

Senhora da Ribeira (last Sunday of May) St Gens and St Tomé (last week of August)

RIO FRIO

St Stephen (26th December)

Nª Senhora da Assunção (second Sunday in August)

St Roque (second half of December) St Francis (3rd Sunday of September)

St. John (closest weekend to the 24th June)

N.^a Senhora das Dores (Friday before Palm Sunday)

N^a Senhora das Necessidades Festivity (8th September)

PAÇ

Our Lady of Fátima Festivity (last Sunday in August)

1480-1940 FOI DADA A CATECORIA DE VILA A VIMIOSO EM 1480 POR D. AFONSO V

PARADINHA

Sra do Carmo Festivity (third Sunday in August) St. Sebastian Festivity (the day before

Sra do Carmo Festivity)

OUTEIRO St. Gonçalo Festivity (10th January)

Santa Cruz (Holy Cross 3rd May)
St. Michael (8th May)
Pastoral pilgrimage of Coração de Jesus
(First Sunday in July)
Nossa Senhora da Assunção (15-16th
August)
Nossa Senhora do Carmo (mobile
celebration in August)
St Stephen (26th December)

VIMIOSO ARGOZELO

St Bartholomew (24th August) Nossa Senhora das Dores and St. Barbara, St. Roque, St. Joseph and Senhor do Bonfim (every weekend of August) St. Barbara of the Miners (December)

St. Barbara of the Miners (December St. Amaro and St. Sebastian and St. Fabian (January)

CARÇÃO

Nossa Senhora das Graças Festivity (last Sunday of August) St. Roque Festivity (15-16th August)

VIMIOSO

St. Sebastian Festivity (penultimate Sunday in January) St. Antão Festivity (penultimate Sunday

n May)

St. Anthony Festivity (13th June) St. Lourenço Festivity; St. Barbara

Festivity, Sra dos Remédios and Sra da Saúde Festivity (week of the 10th August)

Arts, Crafts and Good Flavours Fair (December)

SÃO JOANICO

Parish Festivity on the last Sunday of August

VALE DE FRADES

Our Lady of Fátima Festivity (14th August) Nossa Senhora da Assunção (15th August)

SED V DICOS

St. Vincent Festivity (22nd January) St Sebastian Festivity (first week of August)







Avelanoso is a small town

in the foothills of the Mó Mountain, which still preserves an embryonic nucleus basically built in schist with granite structural reinforcement. This is where the door of the second section of the Route is located.

Take the path to S. Martinho de Angueira. Just ahead you will arrive in an intersection of roads that delimits the municipalities of Vimioso and Miranda do Douro. The transversal takes you to Caçarelhos, a small village but with a considerable heritage that worth's visiting. Continue the route and you arrive in S. Martinho de Angueira, over the Angueira stream, a few kilometres upstream the aforementioned village with the same name. The fact that this parish includes a geologic zone of schist-granite contact emphasises the combination of these materials that was already evident in the previous villages. Visit at least the Parish Church.

Proceed now towards

Cicouro, but if you have time take a little detour to the right across Matança bridge and take the road leading to Malhadas. It will take five or six kilometers and you won't regret it, because you will have the opportunity of visiting the Senhora do Nazo Sanctuary, not far from the small village of Especiosa. The elevated position of the Church, with five chapels around, provides magnificent views over the extensive plateau.

If you chose well to visit the Senhora do Nazo, return to S. Martinho to resume the path to Cicouro. Flatness is blistered at middle distance, but only slightly, in the Cabeça Gorda, leveled until the Santo Amaro Chapel. This Chapel is contemporary (1922), was designed by the Arch. Michele Cannatà and built on the foundations of a 17th Century temple (1633) of the same invocation.

You arrived at **Cicouro** and it is just a kilometer from the



border. The village is quite similar to the ones that you just went through, where the schist, sometimes almost red, is still a dominant aspect in the buildings.

The second section of the Route is coming to an end with the approach of Constantim, following the road by the border between cork oak or holm oak groves.



USEFUL INFORMATION



VIMIOSO **AVELANOSO**

St. Barnabé Festivity and Nossa Senhora da Saúde Festivity (August)

ANGUEIRA

Nossa Senhora do Rosário and St. Lucas (August) St. Michael (last weekend in September)

MIRANDA DO DOURO

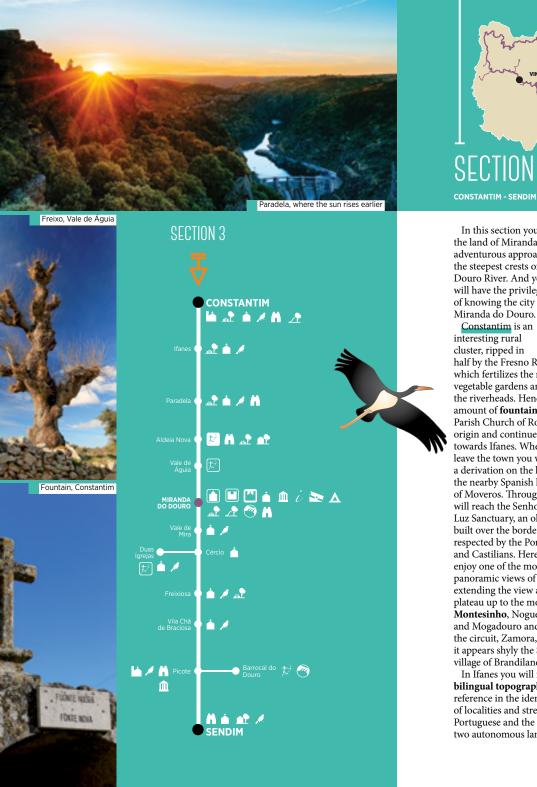
SÃO MARTINHO DE ANGUEIRA

Santa Cruz (2-4th May) Nossa Senhora do Rosário Festivity (Pauliteiros Traditional Dancers penultimate Sunday in August) St. Martin (11th November)

CICOURO St. Anthony (10th January) Our Lady of Fátima (13th May) St. John (24th June) St. Amaro (15th August) Nossa Senhora do Rosário (October)

N. Srª do Nazo Sanctuary





SECTION 3

In this section you will reach the land of Miranda, with an adventurous approach to the steepest crests of the Douro River. And you

will have the privilege of knowing the city of Miranda do Douro.

Constantim is an interesting rural

cluster, ripped in half by the Fresno River, which fertilizes the riparian vegetable gardens and feeds the riverheads. Hence the amount of fountains. Visit the Parish Church of Romanesque origin and continue the path towards Ifanes. When you leave the town you will find a derivation on the left to the nearby Spanish locality of Moveros. Through it you will reach the Senhora da Luz Sanctuary, an old chapel built over the border and respected by the Portuguese and Castilians. Here you will enjoy one of the most superb panoramic views of the region, extending the view across the plateau up to the mountains of Montesinho, Nogueira, Bornes and Mogadouro and, closing the circuit, Zamora, where it appears shyly the Spanish village of Brandilanes.

In Ifanes you will find the bilingual topographical reference in the identification of localities and streets - the Portuguese and the Mirandês, two autonomous languages

derived from Latin, which any inhabitant speaks fluently. Continue the itinerary. Along the road the amount of cruzeiros highlighting "death of man" is impressive, God knows under what circumstances!...

With the plateau of Zamora in the background you reach in Paradela, the extreme east village of Portugal and where the sun rises earlier. Also here the farm houses, with their yards and big doors, naturally integrate the urban environment, transposing to the public space the agricultural work routines.

From here and for a few kilometers the Route will follow the course of the Douro River, which runs strangled between high cliffs deeply torn on the



live rocks of the plateau – these are the *Canhões do Douro* (Douro Cannons), the region where nature balances his forces for harboring the flocks of birds that land here in their migration journeys – Golden Eagles, Egyptian Vultures, Eurasian eagle-owls, Peregrine Falcons and even Black storks are frequent in this area and the International Douro Natural Park includes a Special Protection Area for them.

From the crowning of the abrupt cliffs the panorama is truly amazing, but if you can go down through a winding path to the riverbank, then you will have a chilling and overwhelming vision of the force of nature. This perception of our insignificance before the infinite size of the Universe and its natural order impressed deeply our ancestors, who left abundant remains of their presence - castles, shelters, necropolises, hermitages, walls, paths and many scattered plantations using small plateaus and terraces protected by crags. Go up to Penha das Torres or S. João das Arribas and let yourself be carried away by the amazement.

Recovered from the surprise, fit again to the scale and dimension of your day and proceed to Miranda do Douro, an ancient city nestled in the spur of the confluence of the Fresno River with the Douro River, which deserves an attentive and prolonged visit. Walk through the narrow

streets that weave the urban environment connecting the ancient doors, two of them still standing, and pay special attention to that they call of the *Costanilha*, a set of 16th century houses particularly interesting. Visit the Cathedral, enjoy the magnificent altarpieces and worship the image of the *Menino Jesus da Cartolinha*.

When leaving the city, and since you are going to circumvent it by West, observe the gothic bridge over the Fresno River, the aqueduct and the Fonte dos Canos. Follow the road to Mogadouro. You will pass through Vale de Mira and Cércio, and if you make a small detour to **Duas Igrejas** you may even be lucky enough to attend a performance of its Group of Pauliteiros, founded sixty years ago and one of the most well-known folk groups of the region, who performs with masterly perfection the famous dance of the pauliteiros, a exhibition of warrior membership allowed only to

Here also abound the remains of pre-Roman and Roman occupation. In the **Poço Picão**, the shelter of *Solhapa* features perforated sculptures that deserved to be included in the Classified Cultural Heritage.

Continue to **Picote** and notice that the cherry trees, albeit timidly, begin to announce the transition to the *Terra Quente*.

When you arrive, in the village centre, a beheaded



quadruped will be waiting for you, crudely carved in stone. It is a male pig of the Protohistory that was found near and that witnesses an ancient worship common to the whole region of Trás-os-Montes.

When you're in Picote walk down to **Barrocal do Douro** and to the hydroelectric dam, built fifty years ago, but worth visiting upon request to the Portuguese enterprise *Energias* de Portugal, SA. (EDP). We also suggest an attentive visit to the neighborhood which gave support to the dam, where the houses of the engineers and employees, the hostels and the Church are worthy examples of Modern Architecture.

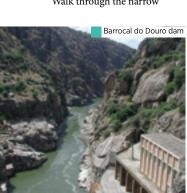
Miranda do Douro See

Canos Fountain, Miranda do Douro

When you get back, take the road and, going through the biggest Cork oak grove of the Terra Fria, you will arrive in Sendim.



Miranda do Douro Old Town





IISEEIII INEORMATION

MIRANDA DO DOURO



Casa de Campo Mirandesas Cottages

Cimo da quinta Lg. do Chafariz 5210-172 Pena Branca T. 273 431 485 Tlm. 937 766 777 / 6 / 4 reservas@casasdecampomirandesas.com www.casasdecampomirandesas.com

Flor do Douro Local Lodgings

R. do Mercado, 7 5210-210 Miranda do Douro T. 273 431 186 | Fax 273 417 273 flordodouro@gmail.com www.flordodouro.com

Sta Cruz Local Lodgings R. Abade de Bacal, 61

5210-201 Miranda do Douro T. 273 431 374 | Fax 273 431 341 santacruz.zip@gmail.com

Vista Bela Local Lodgings R do Mercado

5210-210 Miranda do Douro T. 273 431 054

O Caçador Local Lodgings

Bº da Igreja | 5210-336 Vila Chã T. 273 449 266

Sta Catarina Inn

Largo da Pousada 5210-183 Miranda do Douro T. 273 431 255 / 005 Fax 273 431 065 info@hotelparadorsantacatarina.pt rh@hotelparadorsantacatarina.pt www.hotelparadorsantacatarina.pt

D. João III Hostel

Estrada Nacional 218 5210-209 Miranda do Douro T. 273 431 053 hoteldjoao@hotmail.com

Hotel A Morgadinha

R. do Mercado, 57/59 5210-210 Miranda do Douro T. 273 438 050 | Fax 273 438 051 Tlm. 926 389 988 info@hotelmorgadinha.pt www.hotelmorgadinha.pt

Turismo Hotel

R. 1º de maio 5210-191 Miranda do Douro T. 273 438 030 | Fax 273 431 331 mail@hotelturismomiranda.pt www.hotelturismomiranda.pt

MiraFresno Hotel***

R. 1º de maio, 2 5210-191 Miranda do Douro T. 273 430 030 | Fax 273 430 039 info@hotelmirafresno.pt www.hotelmirafresno.pt

O Mirandês Hotel ***

Urbanização do Junçal 5210-209 Miranda do Douro T. 273 432 823 | Fax 273 432 154 info@omirandes.net www.omirandes.net

Planalto Mirandês Hotel

R. 1º de maio. 25 5210-191 Miranda do Douro T. 273 431 362 | Fax 273 432 780 geral@hrplanalto.pt www.hrplanalto.pt

Cabeco do Forte Hotel**

Cabeço do Forte, 10 5210-185 Miranda do Douro T. 273 431 423 | Fax 273 431 126 www.cabecodoforte.com.pt

Casa do Poço - Rural Tourism

R. do Prado, 2 | 5210-126 Ifanes T. / Fax 273 449 009 Tlm. 965 871 464 info@casadopoco.pt www.casadopoco.pt

Quinta de la Barandica **Rural Tourism**

R. Caminho de Miranda 5210-150 Malhadas T. 273 417 226 / 7 Fax 273 417 228 info@labarandica.com www.labarandica.com

Retiro da Freixiosa Housing

R. da Igreja 5210-333 Freixiosa T. 279 340 030 | 273 432 833 Fax 273 431 457 / 279 341 596 pndi@icnf.pt www.icnf.pt

Barrocal do Douro Youth Hostel

Barrocal do Douro 5225-072 Picote T. 273 430 020 / 1 Fax 273 431 075 / 432 777 turismo@cm-mdouro.pt www.cm-mdouro.pt

Santa Luzia Camping

Bº de Santa Luzia 5210 Miranda do Douro T. 273 431 273 / 273 430 020 Fax 273 431 075 cultura@cm-mdouro.pt www.cm-mdouro,pt

L'Pulo Agrotourism house

R. de la Peinha de le Puio 5225-072 Picote T. 273 739 176 Tlm. 913 333 573 919 363 439 | 918 216 168 info@casadelpuio.com www.casadelpuio.com

Correio da Freixiosa House - cottage

R. da Igreia 5210-333 Freixiosa Tlm. 919 858 194 geral@casadocorreio.com www.casadocorreio.com

Casa de L'Bárrio Cottage

Rue de L Bárrio, 7 5225-072 Picote | T. 273 738 088 Tlm. 965 618 004 / 962 468 422 geral@casadelbarrio.com http://casadelbarrio.com/

Casa dos Edras **Nature Tourism**

R. Principal 5210-170 Aldeia Nova -- Miranda do Douro Tlm. 961 039 516 / 7 www.casadosedras.pt

FATING OUT

Concelho Restaurant

R. do Concelho, 4 5210-150 Malhadas T. 273 417 073

Malharrés Restaurant R. do Concelho

5210-150 Malhadas T. 273 417 313

Gorgonzola Cafeteria and Pizzeria

R. do Mercado - Lote 4 F 5210-210 Miranda do Douro Tlm 938 376 919 www.facebook.com/ pizzariagorgonzola

Santa Catarina Restaurant

Largo da Pousada 5210-183 Miranda do Douro T. 273 431 255 / 005 Fax 273 431 065

info@hotelparadorsantacatarina.pt www.hotelparadorsantacatarina.pt

Balbina Restaurant

R. D. Catarina, 1 5210-228 Miranda do Douro T. 273 432 394

Capa d'Honras Restaurant

Travessa do Castelo 5210-234 Miranda do Douro T. 273 432 699 capadhonras@hotmail.com

D. João III Restaurant

Estrada Nacional 218 5210-209 Miranda do Douro T. 273 431 053 hoteldjoao@hotmail.com

El Duero Restaurant

R. do Mercado, 21 5210-210 Miranda do Douro Tlm. 936 518 198

Miradouro Restaurant

R. do Mercado, 53 / 55 5210-210 Miranda do Douro T. 273 431 259 brunomiradouro@gmail.com www.miradouro.com.pt

O Mirandês 1 Restaurant Largo da Moagem

5210-183 Miranda do Douro T. 273 431 418

O Mirandês 2 Restaurant

Urbanização do Juncal 5210-209 Miranda do Douro T. 273 432 823

O Moinho Restaurant/Pizzeria

R. do Mercado nº 47 5210-210 Miranda do Douro T. 273 431 116

Restaurant Jordão

R. 25 abril 5210-178 Miranda do Douro T. 273 431 359

Santa Cruz Restaurant

R. Abade Baçal, 61 5210-201 Miranda do Douro T. 273 431 374

S. Pedro Restaurant

R. Mouzinho de Albuquerque 5210-225 Miranda do Douro T. 273 431321

Vista Bela Restaurant

R. do Mercado 5210-210 Miranda do Douro T. 273 431 054

Torreão Restaurant

R. Mouzinho de Albuquerque 5210-225 Miranda do Douro Tlm. 919 509 604

Sol e Sombra Restaurant

R. José Inácio Pinto,154 5210-004 Miranda do Douro Tlm. 918 011 150

L Pauliteiro Restaurant Estrada Nacional 221

Estrada Nacional 221 5210 Miranda do Douro Tlm. 933 610 119

Take Away - Paladares

R. José Inácio Pinto, 11 5210-004 Miranda do Douro T. 273 431 103

Central Café - Restaurant and Spirits

R. da Macieira 5210 Duas Igrejas

Carmona Restaurant

Largo do Tombar | 5225-072 Picote T. 273 739 127

Paladares Mirandeses Restaurant

Rua 25 de Abril nº 73 5210-230 Miranda do Douro

LEISURE / SERVICES

Miranda do Douro Town Hall

Largo D. João III 5210-190 Miranda do Douro T. 273 430 020 Fax 273431075 geral@cm-mdouro.pt

Miranda do Douro Library

R. do Convento 5210-187 Miranda do Douro T. 273 430 024

Miranda do Douro Swimming Pool

Bairro de Santa Luzia 5210 Miranda do Douro T. 273 432 512

Miranda do Douro Tourism Office

R. 1º de maio 5210-191 Miranda do Douro T. 273 430 025 turismo@cm-mdouro.pt

Terra de Miranda Museum

Largo Dom João III, 2 5210-190 Miranda do Douro T. 273 431 164 Fax 273 431 164

Mirandese House of Culture

R. Mouzinho de Albuquerque, 12 5210-225 Miranda do Douro T. 273 430 020

Mirandese House of Music

Lhargo de L Castielho 5210-188 Miranda do Douro 273 430 020

Environmental Centre

Hispano-Luso Parque Náutico de Miranda Douro



5210-186 Miranda do Douro T. 273 432 396 Fax 273 431 044

International Douro Natural Park office

Cabanais do Castelo Largo do Castelo 5210-188 Miranda do Douro T. 273 431 457

Douro Pula Canhada

Apartado 11 5210-909 Miranda do Douro T. / Fax 273 431 340 Tlm. 961 561 119 / 960 180 363 info@douropulacanhada.com http://douropulacanhada.com

Frauga - Associação para o Desenvolvimento Integrado de Picote

R. da Penha do Puio 5225-072 Picote Miranda do Douro T. 273 739 726 Tim. 933 534 927 geral@frauga.pt frauga@gmail.com

Picote Ecomuseum

R. da Penha do Puio 5225-072 Picote Miranda do Douro T. 273 739 726 Tlm. 933 534 927

Post office

R. do Paço 5210-999 Miranda do Douro T. 273 438 110 Fax 273 438 116

***** EVENTS

CONSTANTIM

St. John
Nossa Senhora da Luz Pilgrimage (last
Sunday of April)
Mono and Mona Festivity (3rd Sunday
in Sentember)

Young Boys' Festivity (28th December) Morcela Supper (29th December)

IFANES

St. Sebastian (third weekend of January) Nossa Senhora da Piedade (last Sunday of May) St Catherine (25th November)

PARADELA

St. Sebastian Festivity (20th January) Nossa Senhora da Asenção Festivity (last Sunday of August)

ALDEIA NOVA

St John of the Arribas (first Sunday of May)

VALE DE ÁGUA

Nossa Senhora da Encarnação Festivity (two weeks before Easter and on the

weekend between the 10th and 20th November)

MIRANDA DO DOURO

Day of the Town (10th July)
St. Sebastian (third Sunday in January)
St. Joseph (19th March)
Our Lady of Fátima (last Sunday of

May) St. John (24th June) Nossa Senhora dos Caminhos (last

Sunday of June) St. Luzia (last Sunday of July) St. Barbara (penultimate Sunday of August)

St. Judas Tadeu; The Rooster's Bonfire (24th December) Mirandese Flavours Festivity (second

weekend of February)
Bola Doce Festival (Easter weekend)

VALE DE MIRA

Nossa Senhora das Dores Festivity (9-10th November)

CÉRCIO

St. Amaro Festivity (15th January)
St. Brás Festivity (3rd February
Senhor dos Passos Festivity (Palm
Sunday)
St. Marinha Festivity: snails are the main
attraction (18th July)
St. Barbara Festivity (last Sunday of
August)

PICOTE

Holy Christ Festivity (first Sunday of August) St. Barbara Festivity (last Sunday of August)

DUAS IGREJAS

Nossa Senhora do Monte Festivity (15th August) Bird Festivity, Procession carrying Our Lady Mary between the Parish Church and the Senhora do Monte Chapel (Christmas) St. Sebastian Festivity (20th January)

St. Sebastian Festivity (20th January) Nosso Senhor dos Passos Festivity (Palm Sunday)

St. Barbara Festivity (third weekend of May)

St. Anthony Festivity (13th June)

St. Stephen Festivity (26th December) St. Evangelista Festivity (27th December)

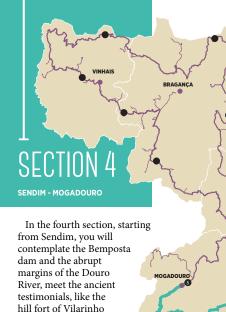
FREIXIOSA

St. Barbara Festivity (used to be in September but changed to August due to the presence of migrants) Nossa Senhora do Rosário Festivity (October); St. Eustáquio Festivity (May)

VILA CHÃ DE BRACIOSA

Infant Jesus Festivity, also known as The Old Lady Festivity (1st January) St. Barbara Festivity in August St. Eustáquio Festivity in August Sartigalhos Festivity (8th May)





beautiful village of Mogadouro. Sendim is the most developed village in the municipality of Miranda do Douro, with roots from the Roman occupation. Visit the Parish Church and take the opportunity to eat at a local restaurant the best *Posta* in the region, a juicy loaf of mirandesa veal quickly cooked in embers and seasoned only with a pinch of salt. With luck, because there is no fixed date, you will be able to watch an esterlóquio mirandês, a curious

dos Galegos, and finishing in the

Before continuing the journey to Mogadouro, we suggest the detour to Atenor, Teixeira and Palaçoulo.

popular play totally recited in

verse.

Leaving Sendim via the N221-2 road, toward Atenor and, just over a Kilometre, after a detour on the right to Prado Gatão and Palaçoulo, and before crossing the IC5, we find the buildings of the old railway station of the Sabor River, abandoned for many years, in which subsist the tile

panels depicting the region.

Next to the station and accompanying the missing line, there are still visible some remains of an old Roman road which crossed the *mirandês* plateau, known as "Carreiro Mourisco".

Shortly after, you will find a small cluster of houses made of schist - Atenor, on the northern slope of the small river of Vale de Palheiros, which forms a pond here. Here you can find the Rescue Centre of the local donkey called Burro de Miranda, known as "Palheirico", where you can see, inside a fence, some specimens of this breed of donkeys. This fence is located in front of the Romanesque Parish Church that still preserves some images from the 15th century.

Leaving Atenor via the EN221-2 road, after 3, 9 km, you reach **Teixeira**, where it is mandatory a visit to the Parish Church from the 16th century that still preserves interesting frescos from the time of its



founding.

At the highest point, close to a geodesic mark, we find the Santo Cristo Chapel, where you can enjoy a beautiful panorama of the Castanheira Mountain southwards.

Returning to Atenor via the EN221-2 road, 500m from this locality, we find a detour, on the left, which connects directly to **Palaçoulo**. It is worth to visit this village for the opportunity to acquire a handmade knife forged by the famous cutlers that exert their art here.

The return to Sendim can be done via the EM569 road, passing by Prado Gatão, a small village of traditional architecture.

Leaving Sendim toward Mogadouro via the EN221 road, after 6.6 Km, in the place known as Urrós Gare, near the old train station of the Sabor line, take the direction to Urrós and Bemposta and divert, right away, to the centre of Urrós.

In Urrós, a pleasant village that still retains some interesting traditional architecture, it is possible to visit the ruins of the St. Fagundo Chapel, an ancient medieval temple that still keeps intact the front portal and the triumphal arch of the main chapel. Here you can take a dirt road that will lead you through vineyards, olive and almond

Algosinho Church

trees up to the shores of the Douro, so you can enjoy one of the most beautiful views that this river offers.

Returning to Urrós, take the road to Bemposta and, after 5.8 km you will arrive in this ancient town and county seat, current parish seat. Be sure to visit the 12nd century St. Pedro Church and take the opportunity to meet the pillory, the neo-Romanesque bridge or the emblazoned houses, symbols of a prosperous past. If you like, you can also visit, right near this village, the **Hydroelectric** Dam of Bemposta, built in the 60s.

The way to Algosinho is done via the EM596 road. The route crosses the place of Lamoso (2.5 Km from Bemposta), a small rural village on the left bank of the stream with the same name. This stream, in times of great flow, provides a stunning beauty when falling down from a height of 35 metres by 10 metres wide, from the top of a rock known as "Faia d'Âgua Alta", which can be accessed by a pedestrian path mentioned by the International Douro Natural Park.

After Lamoso, traveling approximately 2.4 km, you will find a detour on the right to Tó and on the left to Algosinho.





back to prehistory. From the built heritage, the St. Maria Madalena Parish Church, which is situated in the centre of the parish, stands out. This is one of the finest churches of this municipality and one that is in better state of preservation. Inside, it is emphasized the vaulted main chapel, with a painting of the Blessed Sacrament in the centre.

Returning to EM596 road, after 3 km, you reach the locality of Algosinho, historical village, settlement of the Templars, with wide views of the Douro's cliffs. situated in the International Douro Natural Park, From its patrimony stands out the Romanesque Church, one of the most beautiful examples of Romanesque style of the district of Bragança. In addition to this church it is worthy of reference the socalled "Castelo dos Mouros" or "Mau Vizinho".

Leaving Algosinho on the way to Ventozelo, after 700 m, the EM596 road joins with the EM595 road. Turning left at that intersection, you can visit the centre of the parish of Peredo de Bemposta, whose settlement dates back to very

ancient times, as evidenced by the prehistoric settlements of Neolithic period here found.

In the village of Ventozelo, it worth's visiting the Senhor da Boa Morte Chapel with its beautiful frescoes from the 18th century, with life-size figures alluding to the Via Crucis covering the walls and the vault. This chapel was ordered to be built by the Távora family in the late 17th Century. From the oldest remains it stands out the Fountain of the village and the Roman roads.

From Ventozelo return to the EM596 road, at the junction with the EM595 road, turn left, in just over 4 km you will reach Vilarinho dos Galegos.

This village was one of the largest Jewish communities in the Northeast Transmontano that, during centuries, dedicated to trading between Portugal and Spain. It was offered to the Templars and, after their extinction, it passed to the Order of Christ. One of its assets which deserves special mention is the Castle of Vilarinho dos Galegos, located on a hilltop over the Douro River which continues to be an archaeological prospection site.

Continuing the route, make a detour to the village of **Bruço**, situated near the cliffs of the Douro River and integrated in the International Douro Natural Park.

The first written reference to Bruçó appears in the Charter of the village of Bemposta, dating from 1512. The pilgrims of the *Caminhos de Santiago* (St. James Pathways) and the muleteers used to pass here, which gave the name to the bridge and to a path located at the end of the parish.

Returning to the EM586 road, the visitor continues the journey towards Castelo Branco, until the road join with the EN221.

The village of Castelo Branco. located on the Western edge of the International Douro Natural Park, has very ancient origins. Its archaeological traces lead to assume that this is a "lusitano" castle located in a place called Cabeço dos Mouros, where a chapel which still exists today was built. From its rich heritage is worth mentioning: the 16th Century Parish Church, with interiors from the 18th Century: the manor-house of the Pimentéis family, one of the most elegant buildings in the district of Bragança, where we can see a coat of arms in granite from the 18th mid-century; the

N. Sra da Vila Velha Chapel,

believed to be the result of the Christianization of an ancient sanctuary.

Starting from Caslelo Branco we proceed to Meirinhos via the EN315 road, along about 7.3 km.

The granites, which marked the landscape since Urrós, are not seen in this route. The characteristic crops of the *mirandês* plateau, with olive trees, cereals, some vineyards and pastures are now frequent. Now and then we can see some forest areas

Meirinhos is situated on the left bank of the Sabor River, about 15 km from Mogadouro. It has very old settlement, dating back to prehistory, and it is referenced in documents from the beginning of the 11th Century.

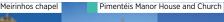
From Meirinhos, the access to Valverde is via the EM593 road, which has its begining near the roundabout in the EN315 road, located in the centre

of the parish of Meirinhos. The route crosses the valley of the stream of Castelo Branco, across the bridge of Meirinhos dated from 1677.

When you arrive in **Valverde** you can take the opportunity to visit the Parish Church of St. Sebastião, dating from the 16th Century.

From Valverde you follow to Mogadouro, where you will finish this Section.







USEFUL INFORMATION **ACCOMMODATION**

MIRANDA DO DOURO

Gabriela Local lodgings

Largo da Igreia | 5225 Sendim T. 273 739 180 gabriela-sendim@clix.pt

Galego Local lodgings

Travessa 25 de abril, 4 5225-109 Sendim T. 273 739 202

O Encontro Hotel**

Estrada Nacional 221 5225-103 Sendim T. 273 738 050 | Fax 273 738 059 Tlm. 919 453 071 hrpontoencontro@mail.telepac.pt www.hrencontro.pt

La Tenerie - Rural Hotel

Rue de la Frauga, 62 5225-102 Sendim T. 273 738 006 | Fax 273 738 008 Tlm. 927 820 005 | 964 827 511 contactos@latenerie.net www.latenerie.net

Curral de L Tiu Pino agrotourism and winetourism

Lagar de Vinho Primitivo R. da Fragua 5225-102 Sendim T. 273 739 679 Tlm. 937 650 529 / 935 066 973 reservas@curraldeltiupino.com www.curraldeltiupino.com

MOGADOURO

Casa das Arribas

Cardal do Douro - Bemposta 5200-070 Bemposta Tlm. 969 031 894 | 963 425 680 917 648 156 contacto@naturisnor.com www.naturisnor.com

Terrassol Local Lodgings

R. do Cimo de Vila | 5200-422 Tó Tlm. 936 947 962 mmcrkunst@hotmail.com

Marcos Manor House

R. Santa Cruz 5200 - 055 Bemposta T. 279 578 084 Tlm. 932 552 732 reservas@solar-dos-marcos.com

Casa das Quintas **Dural Tourism**

Quinta das Quebradas 5200-356 Castelo Branco T. 279 599 435 Tlm. 966 776 015 info@casadasquintas.com www.casadasguintas.com

Casa do Souto

Souto 5200-522 Valverde Tlm. 934 153 402 angelamsafonso@gmail.com

Casa da Cancela

5200-300 Paradela Tlm. 967 093 381 casadacancela@hotmail.com

TO FATING OUT

MIRANDA DO DOURO

Fonte Nova Restaurant

Estrada Nacional 5225 Sendim T. 273 739 037

Gabriela Restaurant

Largo da Igreia, 28 5225-106 Sendim T. 273 739 180 gabriela-sendim@clix.pt

Galego Restaurant

Travessa 25 de abril. 4 5225-109 Sendim T. 273 739 202

La Tenerie Restaurant

Rue de la Frauga, 62 5225-102 Sendim T. 273 738 006 / 7 Tlm. 937 820 005 | 964 827 511 contactos@latenerie.net www.latenerie.net

O Encontro Restaurant

Estrada Nacional 221 5225-103 Sendim T. 273 738 050 | Fax 273 738 059 Tlm. 919 453 071 contactos@hrencontro.pt www.hrencontro.pt

Burela Restaurant

R da Fonte 5225-032 Palaçoulo T. 273 459 192

Nor-Imperial Restaurant

Largo da Cruz, 18 5225-032 Palacoulo T. 273 459 347

MOGADOURO

Sol e Mar Restaurant

Largo de Santo Cristo 1 5200 - 029 Bemposta T. 279 579 134

MIRANDA DO DOURO

T. 273 739 048

Sendim Swimming Pool 5225 Sendim

Handicraft house

Largo da Igreja 5225-106 Sendim T. 273 739 184

Palacoulo sports center

Vales das Latas 5225-032 Palaçoulo

EVENTS

MIRANDA DO DOURO

St. Sebastian Festivity (June)

St. Barbara Festivity (second Sunday in August)

Celtic Festival (first weekend of August) The Rooster Bonfire (24th December) Traditional Carnival (Entrudo) and day of the Town (13th July)

ATENOR

Nossa Senhora das Candeias Festivity (2nd February)

St. Brás (3rd Februray)

St. Bartholomew (24th August)

St. Barbara Festivity (August)

St. Brás Festivity (3rd Februray) St. Bartholomew Festivity (24th

August)

St. Sebastian Festivity (20th January) St. Michael (8th May)

Nossa Senhora do Carrasco Festivity

(15th August)

Senhora do Rosário Festivity (2nd September)

St Barbara, Pauliteiros (Traditional dancers) Festivity (20th September or following Sunday)

MOGADOURO

St. Peter (29th June)

Nossa Senhora dos Prazeres Festivity (second Sunday in Agust) St. Barbara (third Sunday of October) Masked Rattlers Festivity (26th December and 1st January)

St. John (24th June) Holy Christ (first Sunday of August) St. Barbara (October)

St Anthony (13th June)

St Andrew (30th November)

Holy Cross (first Sunday of May)

St. Barbara (15th August)

St. Vincent (closest weekend to the 22nd January)

VILARINHO DOS GALEGOS

Nossa Senhora das Necessidades (last Sunday of May)

- St. Michael (29th September)
- St. Bartholomew (24th August)
- St. Barbara (4th December)

Our Lady of Fátima Festivity (13th May) St Anthony in August (mobile holiday) St. Peter (29th June)

St. Anthony Festivity (second Saturday in August) Sardine Festival (first Saturday of August) St Sebastian and St Apolinário (20th January)

Divine Holy Spirit (Pentecost day) St. Barbara (third weekend of August) Festivity of the Old (Christmas Day)

PEREDO DA BEMPOSTA

St. John (24th June) Holy Christ (first Sunday of August) St. Barbara (October) St Anthony (13th June)

St. Andrew (30th November)

CASTELO BRANCO

St. Bernardino de Sena (20th May), Nossa Senhora da Assunção (12th September), St Michael (29th September), Our Lady of Fátima (13th May) and St. Lourenço (10th August)

Farandulo, The Holy Infant or Festa dos Rapazes Festivity (first day of the year) St. Mary Magdalena (22nd July) St. Barbara (14-15th August) St. Cosme and St. Damião (27th September)

St. Barbara (third Sunday of May) Corpus Christi St. Sebastian (third Sunday of August)

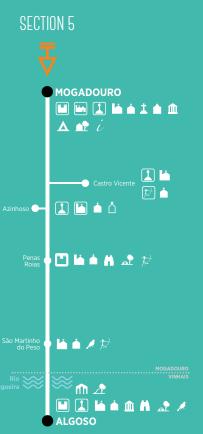
VALE DE PORCO

Festivity of the Masked Rattlers and of the Old (25th December and 1st January)











cherries are not far from there.

Mogadouro is situated in the southernmost part of the *Terra Fria*, occupying the extension of the *mirandês* plateau facing

The olive oil and the

southwards. The settlement is ancient and dates back to prehistoric times, being documented since the IV Millennium BC. As proofs of its former occupation we have the villages of Barrocal Alto and Cunho, the megalithic monuments of Pena Mosqueira, Sanhoane, Barreiro and Modorra, the rock art of the Fraga da Letra in Penas Roias and other scattered findings, gathered in the Museum of Archeology of the municipality.

In 1145, the castles of Mogadouro and Penas Roias were donated to the Templars by Fernão Mendes of Bragança, who carried out in 1166 a full reform of the existing structures in the castle of Penas Roias and, in the following decade, in the Mogadouro castle. From this castle is still visible the keep and some sections of the wall, being more recent the one called "*Torre do Relógio*" (Clock Tower).

In 1197, King Sancho I exchanged these two castles for cross-border territories in the Beira Baixa region. However, a few decades after that, the village is mentioned again as belonging to the Order of the Templars and, with the extinction of this order in 1319, transitioned to the Order of Christ.

King Afonso III granted the first Charter to Mogadouro in 1272 and renewed it the following year. In 1512, King Manuel issued the Charter again. In 20th November 1433, the village of Mogadouro was donated to Álvaro Pires de Távora and since then it has been associated with the Távoras family.

The noble Távoras family had a great influence in the cultural and economic development of

The Parish Church was originated from a simple Romanesque temple with just one aisle, the current church of three aisles dated from the late 16th Century. Being in Mannerist style it contains in its interior beautiful baroque carved altarpieces from the 18st Century. In the main altar we can see an interesting altarpiece in Pombalino rocaille style from the 18th Century, which replaced a Mannerist altarpiece of 17th Century, now in the sacristy.

The Misericórdia Church in Mannerist style was ordered to built by the nobleman Luís Alvares de Távora, following the Foundation of the *Misericórdia* of Mogadouro in 1559. It is worth mentioning the portal surmounted by a niche with an image depicting the *Pietá* (Our Lady of Pity).

The convent and the St.
Francisco Church were
also ordered to build by the
nobleman Luís Alvares de
Távora, built in Mannerist
style of the late 16th Century.

The three-storey façade of the Church has a pediment with a niche with the image of the Patron Saint. On the left, the facade of the Church is flanked by a beautiful tower from the 17th Century. In its interior with three aisles, one should notice the main altar with framed paintings by the gilded altarpiece, in Italian style.

Other sites of interest are the Manor-house of the Pegados family, the Viewpoint of São Cristóvão and the Sun Clock Tower.

We cannot fail to mention **Trindade Coelho** – José Francisco Trindade Coelho, 1861-1908 – prominent writer, born in Mogadouro, which made here his primary education with the support of two priests in Latin studies, an important basis for the solidity of his writing and for his training in law.

The route until Azinhoso is made via the EN219 road, which connects Mogadouro to Vimioso. At approximately 5 km, in the proximity of the access to the municipal airfield, you will see a detour on the right that allows the access to the village of Azinhoso.

In this trail, the visitor is suggested to make a detour until Castro Vicente. The access is made via the EN216 road, which appears at the exit





of Mogadouro in the EN219 road.

Castro Vicente is one of the most important parishes of the Municipality, it has been town and municipality seat and it has deserved the attention of the Portuguese monarchs for centuries.

From the heritage point of view the Parish Church stands out, as well the pillory as a symbol of the previous administrative autonomy. On one side it is still visible the coat-of-arms of Portugal and the Chapels of Santa Luzia, St. Gonçalo, Nossa Senhora de Fátima and of the Santo Cristo.

After visiting Castro Vicente, you will return to Mogadouro doing the inverse route, via the N216 road, and near Mogadouro, at the intersection, take the N219 towards Azinhoso and drive about 5 Km until you find on your right the detour to Azinhoso.

Azinhoso had been town and municipality seat, with great importance, even at national level. The village was granted a Charter by King João I in 1386, issued after the permanence of the monarch in Eiras de El-Rei.

In Azinhoso you can visit several monuments and places of interest, such as the Nossa Senhora da Saúde Chapel, the roman bridge, the ruins of the "Castro dos Mouros", the fountain of diving, shrines, the watermills of the Bastelos Stream, the Bastelos reservoir

dam and the river beach with a picnic park. We must mention the Sacred Art Museum, with a permanent exhibition in the Misericórdia Chapel, located near the Parish Church in Azinhoso. The primitive Church was built in the 12th Century but the current building is mainly from the late 13th Century and beginning of the 14th Century.

Back to the EN219 towards Vimioso, after 2.3 Km, there is a detour on the right, via the EM600-3 road, to Penas Roias. Along the way the visitors can enjoy a recreation area with picnic park along the dam of Penas Roias.

Penas Roias had been village and municipality seat and belonged to the Crown until the beginning of the 13th century and was donated by King Sancho I to the Order of the Templars.

Special attention should be given to the Castle of Penas Roias, which presents two distinct phases of occupation. The first is from the recent prehistory, probably Chalcolithic the Bronze Age, under the possible form of fortified settlement, although there aren't any visible evidences. The second phase is in form of medieval castle. The beginning of the construction of the castle of Penas Roias dates from 1172-1181 - accordingly to the interpretation of Mário J.

5

Barroca of the inscription on the lintel and on the doorjamb of the Keep - by initiative of the Order of the Temple.

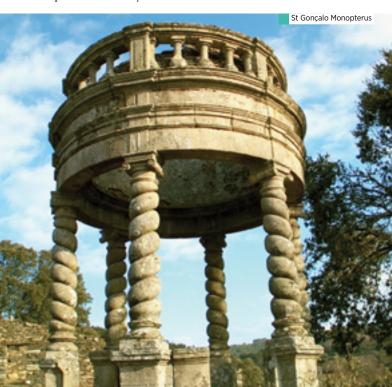
Besides the castle, also worth of visiting, are the Fraga do Castelo, where it is situated the Fraga da Letra with cave paintings, dated from the first fortified settlement; the Parish Church of Penas Roias or St. João Baptista, from the late Middle Age, the Misericórdia Chapel of Penas Roias, the Santa Cruz Chapel, the pillory and the fountains.

Back to the EM600-2, the route follows towards Vilariça and São Martinho do Peso, village of Roman origin.
According to Dr. António Mourinho, the name of the parish comes from the ancient Villa "Pesis Samorana", as demonstrated by several artefacts found in the ancient settlements that here exist. The Marquises of Távora were patrons of the abbey until 1759

when the Royalty took over.

Some interesting places to visit are the Fragas da Pena da Cruz, the Cabeço do Salborinho in Macedo do Peso, the natural beach of the Muro village on the Angueira River and the Gamona bridge – dirt road starting in the village of Peso, over the stream of Peso.

Continuing on the EM600 road, after 1.6 Km, it joins the EN219 road, following the direction to Vimioso. We are already under the climatic influence of Sabor valley and its affluent streams Angueira and Maçãs. After about 5 km on EN219 road, there is a bridge crossing the narrow and steeper valley of the Angueira stream, where you can observe the contrasts of colours of the valley, the old bridge and, in the top of the mountain, the Castle of Algoso. The Section 5 ends with this overwhelming landscape.



USEFUL INFORMATION

MOGADOURO



Tourism Cottage

Casa das Águas Férreas Estrada Nacional, 221 5200 - 208 Mogadouro T. 279 341 085 Fax 279 341 085 casadasaguasferreas@sapo.pt www.casadasaguasferreas.com

Residencial 2000 Hostel

R. de Ploumagoar 5200 - 000 Mogadouro T. 279 343 007 Tlm. 964 347 453

A Lareira Local Lodgings

Av. N. Sra. do Caminho, 58-62 5200-207 Mogadouro T. 279 342 363

Gomes Residential House

Estrada Nacional 221 (Urrós-Gare) 5200–452 Mogadouro T. 279 579 106

Belo Horizonte Residential House

R. das Eiras, 68 5200-235 Mogadouro T. 279 342 717 Tlm. 919 248 564

Estrela do Norte Residential House

Av. de Espanha, 65 5200 – 203 Mogadouro T. 279 340 050 estreladonorte65@hotmail.com

Dias Residential House

R. Capitão Cruz, 34 5200 - 222 Mogadouro T. 279 341 560

Hostel "Pensão Russo"

R. 15 de outubro, 10 5200 - 217 Mogadouro T. 279 342 134

São Pedro Local Lodgings

R. das Eiras, 46 5200-235 Mogadouro T. 279 343 402

Camping site

R. Complexo Desportivo Municipal 5200-244 Mogadouro T. 279 340 231 Tlm. 936 989 202

EATING OUT

Café-Bar Bacos

R. das Eiras, 104 5200-235 Mogadouro T. 279 343 450

Barbecue Milénio

Av. N. Sra. do Caminho, 98 5200 - 233 Mogadouro T. 279 341 679

Ideal Barbecue

Av. do Sabor 5200 Mogadouro T. 279 342 429

Paladares de Sempre

Praça Eng. Duarte Pacheco 5200-212 Mogadouro T. 279 343 163 Tlm. 939 362 862

Xoi Pizzeria

Intermarché 5200-202 Mogadouro T. 279 342 011

Estoril Restaurant

R. da República, 61 5200 - 233 Mogadouro T. 279 342 793

2000 Restaurant

R. de Ploumagoar 5200 – 000 Mogadouro T. 279 343 007 rrestaurante2mil@sapo.pt

Europeu Restaurant

Av. do Sabor, Lote 5, 1º A 5200 - 288 Mogadouro T. 279 343 891 Tlm. 938 114 277

A Lareira Restaurant

Av. N. Sra. do Caminho, 58 5200 -207 Mogadouro T. 279 342 363 www.restaurantealareira.com

Kalifa-Ok Restaurant

R. da República, 18 5200 - 233 Mogadouro T. 279 342 115

Gomes Restaurant

Estrada Nacional 221 (Urrós-Gare) 5200 - 452 Mogadouro T. 279 579 106 Tlm. 933 237 736

Primavera Restaurant

R. das Sortes 5200 - 222 Mogadouro T. 279 341 285 Tlm. 932 341 285 manuel.primavera@hotmail.com

O Cantinho Restaurant

R. Dr. Altino Pimentel 5200 - 267 Mogadouro T. 279 107 977 Tlm. 938 317 214 qfp@portugalmail.com

Campos Restaurant

R. das Sortes, 28 5200 – 253 Mogadouro T. 279 343 231 Tlm. 968 892 897 www.restaurantecampos.net

A Tasquinha Restaurant

Av. do Sabor, 4 5200 – 204 Mogadouro T. 279 342 654 www.atasquinha.mogadouro.net

Rolima Restaurant

Av. de Espanha, 27 5200 - 203 Mogadouro T. 279 342 732

Russo Restaurant

R. 15 de outubro, 10 5200 - 217 Mogadouro T. 279 342 134 Tlm. 966 879 932

Transmontano Restaurant

Av. do Sabor 5200 - 204 Mogadouro T. 279 343 257

São Pedro Restaurant

R. das Eiras, 46 5200-235 Mogadouro T. 279 343 402

O Turismo Restaurant

R. de Santa Marinha 5200 - 241 Mogadouro T. 935 177 544

Snack Bar Copa Cabana

R. Santa Margarida 5200 - 240 Mogadouro T. 279 343 647



Mogadouro Town Hall

Largo Convento S. Francisco 5200-244 Mogadouro T. 279 340 100 Fax 279 341 874 geral@mogadouro.pt www.mogadouro.pt

Tourism Office Arts and Crafts House

Av. dos Comandos 5200-206 Mogadouro T. 279 340 501 turismo@mogadouro.pt

Arts and Crafts House

Av. dos Comandos 5200-206 Mogadouro T. 279 340 500

Trindade Coelho Library

R. dos Bombeiros Voluntários 5200-264 Mogadouro T. 279 340 700 bmtc@mogadouro.pt

Archeology Museum

R. D. Afonso II 5200-262 Mogadouro T. 279 340 100 museu@mogadouro.pt http://mogadouro.pt/culturamogadouro/museu

House of Culture

R. das Eiras 5200-235 Mogadouro T. 279 343 043

Mogadouro Health Centre

R. Congregação S. Vicente de Paulo, 136 5200-207 Mogadouro T. 279 340 300

Portuguese Red Cross

Av. N. Senhora do Caminho 5200- 207 Mogadouro T. 279 341 863

Local Civil Protection Service

Largo Convento S. Francisco 5200-244 Mogadouro T. 279 341 272 Tlm. 935 565 651

Post office

Largo Trindade Coelho 5230-999 Mogadouro T. 279 345 160

Town Sports Centre

5200-244 Mogadouro T. 279 340 100

Museum of the Religious Arts at the Azinhoso Parish Church

Largo da Igreja 5200-010 Azinhoso T. 279 342 221 (Junta de Freguesia)

International Douro Natural Park

Av. do Sabor, 49 - 1º 5200-204 Mogadouro T/F. 279 341 596 pndi@icnf.pt

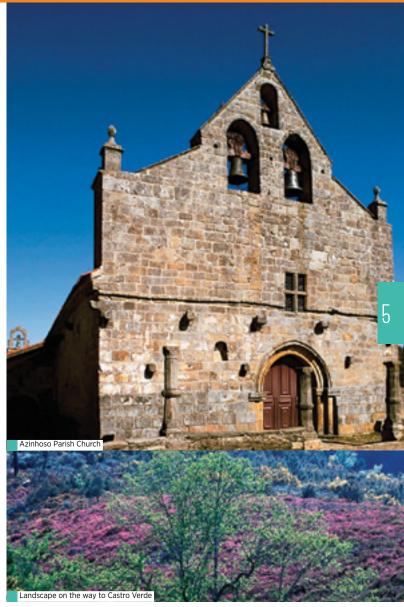
EVENTS

MOGADOURO

St. Christopher Festivity (June)
Nossa Senhora do Caminho Festivity
(last Sunday of August)
St. Anne (second Sunday of July)
Senhor dos Passos (every 2 years on
Lazarus Sunday)
St. Mamede in June
St. Amaro, Zava (last Sunday in
January)

AZINHOSO

St. Barbara Festivity (second Sunday of August)
Nossa Senhora do Carrasco Festivity (first Sunday of May)
Nossa Senhora da Natividade Festivity (8th September)
Our Lady of Fátima Festivity (second Sunday in May)
Sampaio Festivity (August)



PENAS ROIAS

St. John (24th June) St. Catherine (mobile holiday August) St. Antão (17th January)

St. Barbara (third Sunday of September)

St. Euphemia (last Sunday of September) Infant Jesus Festivity (1st January)

SÃO MARTINHO DO PESO

Senhor dos Aflitos Festivity (mobile holiday May) St. Martin (11th November) St. Bartholomew (24th August) St. Matthews (23rd February)

St. Sebastian (first Sunday of August) St. Barbara (first Sunday of

September)

Palm Festivity (Sunday before Carnival)

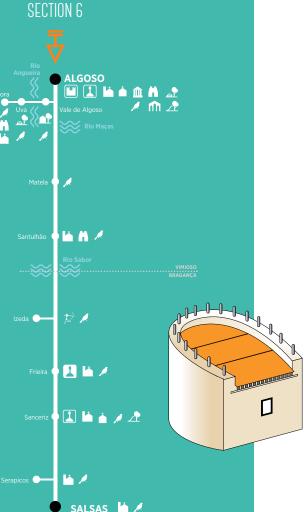
CASTRO VICENTE

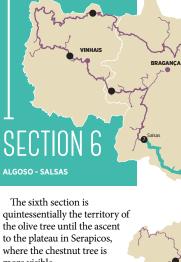
Divino Senhor da Fraga (third Sunday of August) St. Sebastian (20th January)

St. Gonçalo (last Sunday in January) St. Luzia (August)









more visible.

Algoso it is an old town which was municipality seat until 1855, when it was extinct and incorporated into the municipality of Vimioso.

At the entrance of Algoso you find on the left the cabeço da Forca, where a gallows was mounted to punish criminals during the time when this town still had criminal jurisdiction. In this hilltop once existed a medieval fortification, which gave place to the current Castle built in upper location.

Walk through the town with attention. Meet the ancient Paços do Concelho, the Manueline pillory, the Fonte Santa and especially the Mother Church, which still preserves in its interior many memories of the Knights of Malta who administered the rents of the commandery.

Then go up to the Castle, recreate in your imagination the disputes and skirmishes that have taken place here for centuries, over and over, between Portuguese and Castilians. Look around down there, deep down, a Romanesque bridge over the Angueira River was then the

only possible connection between this fortress and that of Penas Róias, which ensured the rear of the border defence.

In this route, to allow you to discover the beautiful landscapes embedded in the valleys of the affluent waterlines of the Angueira and to enjoy the river beach with a picnic park. A detour to the localities of Vale de Algoso, Uva and Mora is suggested to the visitor, allowing as well the connection to the beginning of Section 4, passing through the villages of Teixeira and Atenor. The access is made via the EN219 road, towards Vimioso. After 3 km, there is a derivation on the right to the CM1119 road, which goes through the aforementioned localities.

The first location is Vale de Algoso, which lies in a gentle slope along an affluent waterline of the Angueira River. Arriving in Uva, we see a small sized population with the highest number of Horseshoe or circular lofts that you have seen



throughout the trip.

The detour proceeds towards Mora, descending through a valley formed by an affluent of the Angueira River.

From this point on you can choose to follow until the beginning of the Section 4 of the Route, in Sendim, and then proceed to Miranda or Mogadouro, or you can return by following the opposite direction towards Algoso, turning left when you find the EN219 road. After driving a hundred meters, take the new road on the right, with a sign marking Matela, a village which lies in the interfluve between the watercourses Maçãs and Sabor, in a rich hunting area, with plenty of rabbits, hares and partridges, surrounded by cork oak trees and vast olive groves that now become frequent.

The road continues to Santulhão, a small village with an interesting traditional architecture, where there is a local variety of olive, called santulhana, which gives unique characteristics to the olive oil.

The Sabor River has been establishing the border between Vimioso and Bragança for many years. Crossing the river and already in this municipality, the steep climb begins, overcoming the hillside that surrounds the Castle, memory of the ancient proto-historic fortified settlement (commonly designated by Castelo de Izeda) and then you will enter again in the plateau area with pastures and olive groves increasingly extensive and regular.

Izeda, which was elevated

to town in 1990, is the most important town of the municipality of Bragança, with various facilities and services and even an important prison.

Being an olive region with well-established traditions, you can visit the Museum. Leaving Izeda the route still continues in vast flatness, then it descends gently to the stream of Vivalda on the way to Macedo do Mato, but a short detour to the right leads to Frieira, a small settlement over the same watercourse, which once have had the privileges of municipal jurisdiction, as shown by the **pillory**, which remains untouched near the Church. In this village, which still preserves in reasonable state its primitive structure built in schist, stands out at the entrance a curious medieval bridge of five arches.

It is through this bucolic scenery over the stream of Vivalda that you go to Sanceriz, head of another extinct municipality, with a Charter issued in 1285 and with its pillory as well.

You must turn left into the Nossa Senhora do Aviso Sanctuary in order to follow the Route. After the Sanctuary the road narrows and then bifurcates. The Route follows on the left to Salsas, but on the right, at short distance, the village of Serapicos, known for the excellent quality of its Traditional Chestnut Longal, it invites you to a visit.

On grazing lands, where the chestnut trees begin to appear, you arrive Salsas. The sixth section of the Route is finished.

USEFUL INFORMATION



Ascenção Hostel

Estrada Nacional 219 5230-010 Algoso T. 273 569 223 Tlm. 965 558 497 Fax 273 569 277 www.albergariaascencao.pt

Casa dos Pimentéis Vale de Algoso

5230 Vale de Algoso T. 273 569 269 Tlm. 964 480 692 pimentel@casadospimenteis.online.pt

"D. Afonso V" **Local Lodgings**

Av. do Sabor, 23 5230-201 Santulhão T. 273 579 291

VIMIOSO

"Casa dos Pimentéis" Restaurant

Vale de Algoso 5230 Vale de Algoso T. 273 569 269 Tlm. 964 480 692 pimentel@casadospimenteis.online.pt

"Ascenção" Restaurant

Estrada Nacional 219 5230-010 Algoso T. 273 569 223 Tlm. 965 558 497 Fax 273 569 277

"Os Petiscos" Restaurant

Largo da Misericórdia 5230-202 Santulhão T. 273 579 022

"Camelo" Restaurant

Estrada Nacional 5230-201 Santulhão T. 273 579 043

Medieval bridge, Frieira



EVENTS

VIMIOSO

St. John Festivity (24th June) Nossa Senhora da Assunção Festivity (15th August) St. Roque Festivity (16th August)

VALE DE ALGOSO

St. Anthony (August) Holy Christ (16th April)

Divino Santo Cristo Festivity (3rd May and 14th September) Vila Chã Annual Feast (1st January)

St. Brás Festivity (3rd February) St. Eufémia Festivity (mobile during August)

MATELA

St. Antão Festivity (third Sunday of August) Nossa Senhora do Bom Despacho Festivity (first Sunday in July)

St. Lazarus (first week of August)

BRAGANCA

Nossa Senhora da Assunção Festivity

(15th August) St. Apolinário (last Sunday of July) St. Sebastian (third Sunday of Our Lady of Fátima and St Catherine

(30th November)

Nossa Senhora do Aviso Festivity (first Sunday of June) St. Sebastian Festivity (January/ St. Peter Festivity (August) Nossa Senhora do Rosário Festivity Infant Jesus Festivity (1st January)

CARÇÃOZINHO

St. Peter Festivity (August)

VII A ROA

Divino Senhor and Our Lady of Fátima Festivity (August) Infant Jesus Festivity (1st January)

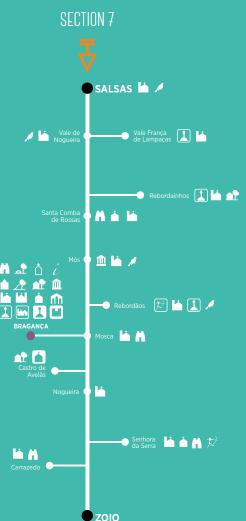


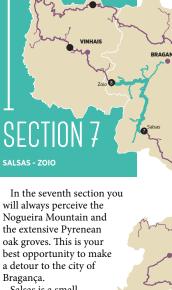












Salsas is a small village, crossed only a few years ago by the *Tua* railway. It has a church of Romanesque origin fairly preserved, still with the main portico of three arches and a curious **memorial stone** to St. Pedro, in the centre of the square, opposite to the St. Roque Chapel. Go to Vale de Nogueira, which is just two kilometres away between chestnuts and walnut trees.

When you arrive in Santa Comba de Rossas you will see on your left a sign indicating **Rebordaínhos**, just over two kilometres in regular road. This place has had the privilege of municipal jurisdiction, as shown by the **octagonal shaft pillory**, still with the neck ring, over a granite rock. Behind there is a neoclassical **fountain**.

Return and drive down towards **Santa Comba de Rossas.** You will pass the remains of the former station of the *Tua* railway, which was the highest station in the country (849 meters) during the glory days of the railway. Continue to Rebordãos

and enjoy yourself with the beautiful view on your left side over the Nogueira Mountain, the antennas of the communication center near the Senhora da Serra Sanctuary. On your right you have the Pinela Castle, remains of a proto-historic fortification built in an area rich in quartz, with confirmed occupation until the middle ages.

When you reach a baroque fountain you are at the entrance of Rebordãos, a middle sized settlement, basically built in schist and that has been the seat of this important municipality. It still preserves the old stake, which possesses a rude shaft with scarce traces of an astragal at mid-height and crowned by a monolith with a reversed calotte at the top.

Mosca, curious toponym. You can find the Route support road near Lombo. If you go straight ahead for around a league you will find Bragança. Bragança, the capital of district, exists since the 12th century. King Sancho I granted it a charter in 1187 and King Afonso V issued a new charter when it was elevated to city status. On the and 22nd of August it is celebrated the Senhora das Graças, with a festive procession.

If you went to Bragança you will have to return to Mosca in order to continue the Route, now towards the West. Little further you will find an exit on the right to the village of Nogueira, which continues to Gostei, circumvents the reservoir and then proceeds to Castro de Avelās. It's worth making this detour to see a Romanesque Benedictine convent in *Mudéjar* style, unique in the country.

Castro de Avelās caught you by surprise and it's worth the detour, but to follow the Route you will have to return to **Nogueira**. Visit the 18th century chapel of St. Sebastião and go to the Senhora da Cabeça Sanctuary.

Nogueira mountain appears so variable from season to

season framed in the majestic landscape. We share the same feeling, while enjoying the scenery of the Senhora da Serra Sanctuary at 1320 meters height.

Go down the mountain again and resume the Route. You will find a sign to Carrazedo, which you will see from a distance involved in a tangle of vegetable gardens and fields near the forest. A very interesting fact is that in this parish only five proto-historic villages were identified, some still with medieval occupation, taking advantage of the strong morphological relief, with several hilltops very close to each other. As you descend the hills the landscape will change again gradually. You can see a vast extension of oak groves, which is said to be the largest continuous area of Oaks "quercus pyrenaica". In Europe.

Next to the Santa Luzia Chapel there is a detour to **Martim**, **Refoios** and **S**. **Cibrão**, until you reach the **Zoio**, where the seventh section of the Route ends.





USEFUL INFORMATION

BRAGANÇA



HOTEIS

Classis Hotel**

Av. João da Cruz, 102 5300-178 Bragança T. 273 331 631 geral@hotelclassis.com www.hotelclassis.com

Turismo Hotel Inn****

Estrada do Turismo - Cabeça Boa 5300-852 Bragança T. 273 310 700 Fax 273 310 701 estalagemturismo@clix.pt www.estalagemturismo.com

Ibis hotel**

Rotunda Lavrador Transmontano 5300-063 Bragança T. 273 302 520 Fax 273 302 569 h3338@accor.com www.ibishotels.com

Nordeste Shalom Hoitel**

Av. Abade de Baçal, 39 5300-068 Bragança T. 273 331 667 Fax 273 331 628 www.hotel-shalom.com hotel.nordeste.shalom@gmail.com

S. Lázaro Hotel***

Av. do Sabor, Lt 24 5300–111 Bragança T. 273 302 700 Fax 273 302 701 Tlm. 935 890 085 www.hotelslazaro.com https://www.facebook.com/ saolazarohotel

Santa Apolónia Hotel***

R. Madre Teresa de Calcutá Bairro dos Formarigos, 3 5300-306 Bragança T. 273 312 073 Fax 273 400 698 santa_apolonia@iol.pt www.hotelsantaapolonia.pt

Tic - Tac Hotel**

R. Emídio Navarro, 85 5300-210 Bragança T. 273 331 373 Fax 273 331 673 residencial.tictac@gmail.com

Tulipa Hotel**

R. Dr. Francisco Felgueiras, 8 /10 5300-134 Bragança

T. 273 331 675 Fax 273 327 814 hotel.tulipa@hotmail.com www.tulipaturismo.com

São Roque Hotel**

Rua Miguel Torga - Estacada, 9 5300-037 Bragança T. 273 381 481 residencialsroque@gmail.com www.residencialsroque.com

POUSADAS

St Bartolomeu Pousada Inn

Estrada do Turismo 5300-271 Bragança T. 273 331 493 Fax 273 323 453

recepcao.sbartolomeu@pousadas.pt www.pousadas.pt

Moinho da Ponte Velha

Lugar da Ponte Velha (Caminho de S. Lázaro) 5300-350 Santa Maria Tlm. 912 515 928 info@moinhopontevelha.com www.moinhopontevelha.com

Quinta D'Avozinha

Cabeça Boa 5300-852 Samil T. 273 331 101 | Fax 273 327 193 geral@quintadavozinha.pt www.quintadavozinha.pt

Quinta de Santo António

5300-401 Alfaião T. 273 333 185 Tlm. 963 237 863 963 970 996 cmdtfreixo@gmail.com http://quinta-st-antonio-alblogspot.pt/

Ponte Velha Cantarias

Av. das Cantarias, 135 1º 5300-107 Bragança T. 273 312 849 residencial.cantarias@hotmail.com

Arco da Velha

R. Fernão Bravo Cidadela (interior das muralhas) 5300-025 Bragança T. 273 300 130 Tlm. 966 787 208 Fax 273 300 139 vitor@motomorais.pt www.turismobraganca.com

José Albino Portela

Bairro S. Judas Tadeu – Samil 5300 Samil T. 273 331 373

EATING OUT

A Gôndola

R. Conde de Ariães Cond. Abade de Baçal, r/c C 5300-114 Bragança T. 273 326 719

A Lareira

Av. Sá Carneiro, 128 5300-252 Bragança T. 273 326 339

A Vinha

Loteam. do Plantorio, lt. 27/32 5300-232 Bragança T. 273 313 108 Tlm. 966 591 315

Académico

Av. D. Sancho I Zona Desportiva 5300–125 Bragança T. 273 331 449 / 938 436 829 Fax 273 323 822 geral@restauranteacademico.com www.restauranteacademico.com

Adega da Avó Maria

Bairro da Estação R. Dr. Sá Alves, 29 5300-140 Bragança T. 273 329 156 Tlm. 919 055 301

Alcateia

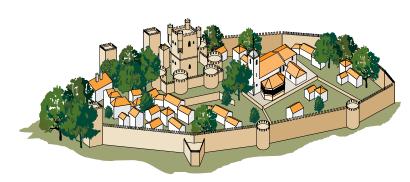
R. do Loreto, 63 5300-189 Bragança T. 273 322 191

Aresdeserra

R. Comandante Sacadura Cabral Bairro S. Tiago 5300-690 Bragança T. 273 332 487 Fax 273 332 487 www.aresdeserra.com

Casa do Castelo

R. Fernão "O Bravo", 66 Cidadela do Castelo 5300-025 Bragança Tlm. 912 515 813



Bragança

Youth Hostel

Forte S. João de Deus 5300-263 Bragança T. 273 304 600 | Fax 273 304 601 braganca@movijovem.pt www.pousadasjuventude.pt

RURAL TOURISM

Casa dos Capelas

R. Principal, 47 5300-691 Paçó Mós - Bragança Tlm. 965 417 992 info@casadoscapelas.com www.casadoscapelas.com

Casa do Pelourinho

R. da Igreja 5300 Rebordaínhos Tlm. 917 334 390 Fax 278 426 995 info@casadopelourinho.com www.casadopelourinho.com

Casa do Enchido

R. do Canto, 69 5300-692 Mós Tlm. 933 211 152 casadoenchido@gmail.com www.casadoenchido.pt

AGRITOURISM

Quinta da Boa Ventura

Estr. do Turismo, 39 Cabeça Boa 5300-852 Samil T. 273 327 734 Tlm. 961 639 111 Fax 273 328 159 info@quintadaboaventura.com www.quintadaboaventura.com

LOCAL LODGINGS

Casa da Chica

R. D. Fernão "O Bravo", 13 5300-113 Bragança Tlm.914 982 745 934 075 020 info.casadachica@gmail.com www.casadachica.com

O Lar do Rei

Cidadela – Castelo de Bragança 5300 Bragança T. 273 323 011 Tlm. 919 220 412 lojadocastelo@hotmail.com www.olardorei.com

Rucha

R. Almirante Reis, 42 1º 5300 - 077 Bragança T. 273 331 672

50

Casa Nostra

R. Dr. Francisco Felgueiras, 8 R/C 5300-134 Bragança T. 273 382 221 Fax 273 327 814 casanostra.braganca@gmail.com

O Copinhos Tavern

R. Conde de Ariães, 9 Campo Redondo 5300-114 Bragança Tlm. 934 206 251 934 553 038 www.ocopinhos.com

Brasa Viva Barbecue

Vale d´Alvaro Loteame. da Rica Fé, It. 6 5300-302 Bragança T. 273 323 209 www.brasa-viva.com

Atlântico barbecue

Av. Abade Baçal, 63 lj D r/c 5300-068 Bragança T. 273 326 535

2/4 de Pimenta

Quinta da Braguinha Av. das Forças Armadas, Lt.80/81 5300-440 Bragança T. 273 326 902

Don Luigi

Av. Sá Carneiro, 184, 1º Esq. 5300-252 Bragança Tlm. 966 395 538 jose.pereiraluigi77@gmail.com

Emiclau

R. Almirante Reis, 35 c/v 5300-073 Bragança T. 273 324 114 emiclau@sapo.pt

Filós

Av. Sá Carneiro, Loteamento Sopinorte - Lj. 2 r/c esq. 5300-162 Bragança T. 273 324 027

Jorjão

B^o da Mãe d´Agua R. Dr. João Pires Vilar, 53 5300-136 Bragança Tlm. 963 867 023

Lá em Casa

R. Marques de Pombal, 7 5300-197 Bragança T. 273 322 111 laemcasa14@hotmail.com

Moderno I

Galerias Moderno R. Almirante Reis 5300–077 Bragança T. 273 322 199 Tlm. 966 012 108

Moderno II

R. S. Sebastião, 11 5300-017 Bragança Tlm. 937 187 823 966 496 575 Nazaré

R. Abílio Beça, 108 5300-011 Bragança T. 273 327 648

Nordeste

Quinta das Carvas 5300-551 Bragança T. 273 381 211 / 932 437 314

O Acacio

R. de Vale d'Alvaro Qta. Braguinha r/c esq. - It. F 5300-274 Braganca T. 273 324 617 Tlm. 962 456 988 Fax 273 324 617 geral@restauranteoacacio.pt www.restauranteoacacio.pt

O Batoque

R. dos Batoques, 25 5300-091 Bragança Tlm. 935 345 188

O Agrário

Urbanização Agrotuela, lt K, r/c Dto. Tel. 273 312 907 5300-253 Bragança

O Grelhador

Av. Sá Carneiro, 382 5300-252 Bragança Tel. 273 313 010 Tm. 967 891 805

O Borralho

R. Correia Araújo, 260 5300 - 153 Bragança T. 273 326 605

O Geadas

R. do Loreto s/n 5300 – 189 Bragança T. 273 324 413 / 273 331 711 ogeadas@hotmail.com www.geadas.net

O Manel

R. Oróbio de Castro, 26 5300 – 220 Bragança T. 273 322 480 Fax 273 322 480 kani.gomes07@hotmail.com

O Marrafinhas

Vale d'Alvaro, 27 R/C 5300-274 Bragança T. 273 325 857

O Pote

R. Alexandre Herculano, 186 5300-075 Bragança T. 273 333 710 www.restauranteopote.com restaurante.opote@gmail.com

O Rochedo

R. Vale d´Alvaro, 37 5300-274 Bragança T. 273 327 274 rochedorestaurante@hotmail.com O Rodízio (S. Lázaro Hotel)

Av. do Sabor, Lote 24 5300–111 Bragança T. 273 302 700 Fax 273 302 701 comercial.hsl@hoteis-arco.com www.hoteis-arco.com Regional/internacional

O Silva

R. Dionisio Gonçalves, 2 5300-237 Bragança T. 273 327 556 www.guiadosrestaurantes.net

Danoram

Estr. do turismo km1 - Samil 5300-852 Bragança T. 273 312 410 panorama@panorama.braganca.net www.panoramabraganca.net

Pocas

R. Combatentes G.Guerra, 200 5300–113 Bragança T. 273 331 428

Polivalente

Av. Sá Carneiro, 282 5300-252 Bragança Tlm. 933 464 536

Ponto de Encontro

Av. João da Cruz, 124 a126 5300-178 Bragança T. 273 333 525

Pousada de S. Bartolomeu

Estrada do Turismo 5300-271 Bragança T. 273 331 493 Fax 273 323 453 joao.amaral@pousadas.pt www.pousadas.pt

Príncipe Negro

Av. João da Cruz, 8 5300-178 Bragança T. 273 323 457

Progresso

Av Ābade de Baçal, 41 B r/c 5300-068 Bragança T. 273 331 693 Fax 273 331 693

Restaurador

Av. Abade de Baçal, 35 5300-068 Bragança T. 273 322 498 geral@restaurador.com.pt www.restaurador.com.pt

Restaurante Vila Café

Rua D. Fernão 'O Bravo' 5300-025 Bragança T. 273 323 011 Tlm. 919 220 412 geral@restaurantevilacafe.com

Rota dos Sabores

Forte S. João de Deus Mercado Municipal 5300-263 Bragança Tlm. 914 844 251 916 270 942 / 913 373 707

Roval Plaza

R. Miguel Torga Ed. Varandas do Castelo, 30/31 r/c dto 5300-037 Braganca T. 273 381 345 Tlm. 963 761 126

Sandwich Snack

Loteam. Plantório - It. A 4 r/c 5300-253 Bragança T. 273 382 085 / 917 072 015 bragancedo@sapo.pt

Sabor Brasil

Rua Amália Rodrigues, lt 64 5300-440 Bragança Tel. 273 322 455

S. Sebastião

Bº S. Sebastião R. S. Sebastião, 3 5300-053 Bragança T. 273 382 212

São Lourenço

Rotunda de S. Lourenço Bº de São Lourenço, 2 Alto das Cantarias 5300-856 Bragança Tlm. 934 376 340

Serra de Nogueira R. das Paredes, 3

Nogueira 5300-701 Bragança T. 273 313 074

Solar Bragançano

Praça da Sé, 34 - 1º 5300-265 Bragança T. 273 323 875 / 968 016 234 Fax 273 323 875 admr.sb@gmail.com www.solarbragancano.com

Sport

R. Combatentes da Grande Guerra, nº 5 5300-113 Bragança carlicos12@gmail.com T. 273 331 130

Stop

Travessa das Pedras, 20A 5300-207 Bragança Tlm. 938 196 162

Tic Tac

R. Emídio Navarro, 85 5300-210 Bragança T. 273 331 373 Fax 273 331 673

Turismo Inn Estr. do Turismo

Cabeça Boa 5300-852 Bragança T. 273 324 204 T. 273 310 701 estalagem.turismo@clix.pt www.estalagemturismo.com

52

Xavier

Av. João da Cruz, 12 R/c 5300-252 Bragança Tlm. 937 031 004 balbinaimperatriz@hotmail.com



Bragança Town Hall

Forte S. João de Deus 5300-263 Bragança T. 273 304 200 www.cm-braganca.pt

Tourism office

Av. Cidade de Zamora 5300-111 Bragança T. 273 381 273 turismo@cm-braganca.pt www.cm-braganca.pt

Municipal Theatre

Praça Professor Cavaleiro Ferreira 5300-108 Bragança T. 273 302 740 teatro@cm-braganca.pt www.cm-braganca.pt

Library

Praça Camões 5300-140 Bragança T. 273 300 850 biblioteca@cm-braganca.pt www.cm-braganca.pt

Public Swimming Pool and Public Sports pavillion

Av. D. Sancho I - Zona Desportiva 5300-125 Bragança T. 273 300 420 piscinas@cm-braganca.pt www.cm-braganca.pt

Bragança Town Market

Forte S. João de Deus 5300-263 Bragança T. 273 302 290 m.m.b@sapo.pt

Nature Toursim Office of the Oporto and North Tourism Rua Abílio Beca. 92 2º Andar

5300-011 Bragança T. 273 331 078 turismo.natureza@portoenorte.pt

Montesinho Natural Park office

Parque Florestal 5300-000 Bragança T. 273 300 400 / 273 329 135 pnm@icnf.pt www.icnf.pt

Bragança District Archive

Convento de S. Francisco R. de S. Francisco 5300-037 Bragança T. 273 300 270 mail@adbgc.dgarq.gov.pt

"Os Nossos Livros" Foundation

R. Trindade Coelho, 32 5300-061 Bragança T. 273 332 163 osnossoslivros@fnl.org.pt

King Afonso Henriques Foundation

R. Eng. José Beça, 46 5300-050 Bragança T. 273 332 236 geral@frah.es

Post Office

Largo dos Correios 5300-999 Bragança T. 273 310 941

Republican Law Enforcement

Av. General Humberto Delgado 5301-901 Bragança T. 273 300 530

Bragança Fire department

Fire department

R. Dr. Manuel Bento 5300-167 Bragança T. 273 300 210

Central Bus station R da estação

5300-000 Bragança T. 273 304 450

STUB -

local Bus company

Forte São João de Deus 5300-263 Bragança T. 273 404 251 T. 800 207 609 stub@cm-braganca.pt

Rede Expressos Bus company

R. da estação 5300-000 Bragança T. 273 331 826 www.rede-expressos.pt

Rodonorte/Santos Bus company R. da estacão

5300-000 Bragança T. 273 300 183 Fax 273 300 180 info@santosviagensturismo.pt www.rodonorte.pt

Military Museum

Cidadela do Castelo de Bragança 5300-901 Bragança T. 273 322 378 musmilbraganca@mail.exercito.pt

Iberian Mask and Costume Museum

Cidadela do Castelo de Bragança R. D. Fernão "O Bravo", 24/26 5300 - 025 Bragança T. 273 381 008 museu.iberico@cm-braganca.pt www.cm-braganca.pt

Abade de Baçal Museum

R. Abílio Beça, 27 5300-011 Bragança T. 273 331 595 mabadebacal@culturanorte.pt www.mabadebacal.com

Graça Morais Contemporary Arts Centre

R. Abílio Beça, 105 5300 - 011 Bragança T. 273 302 410 centro.arte@cm-braganca.pt www.cm-braganca.pt

Living Science Centre

R. do Beato Nicolao Dinis 5300-130 Bragança T. 273 313 169 info@braganca.cienciaviva.pt

Rio Frio of Paçó Ethnographical Museum

Dr. Belarmino Afonso Santa Casa da Misericórdia Rua Dr. Herculano da Conceição 5301 - 901 Bragança T. 273 322 143 museubelarminoafonso@gmail.com

Georges Dussaud Photgraphy Centre

Auditório Paulo Quintela Rua Abílio Beça, 75/77 5300-252 Bragança T. 273 324 092

St João de Deus Fort Memory Museum Horário: de 2ª a 6ª feira

das 9h às 12:30h das 14h às 17:30h

Bragança Shopping

Avenida Dr. Francisco Sá Carneiro, 2 5300-021 Bragança T. 273 323 261 miguel.dias@eur.cushwake.com www.bragancashopping.com

EVENTS

BRAGANÇA SALSAS

St. Roque Festivity (16th August) e Corpus Christi Festivity

VILA FRANCA DE LAMPAÇAS St Anthony Festivity (10th May)

VALE DE NOGUEIRA Corpus Christi Festivity

Mask, Vale de Nogueira



Rosca Festivity St. Anthony and St. Matthew Festivity (variable date) Divino Senhor dos Chãos Festivity (14th September in Chãos)

REBORDAÍNHOS

May)

St. Śilvério (20th June)
St. Sebastian (20th January)
Nossa Senhora do Rosário (second
half of August)
St. Amaro (15th January)
SANTA COMBA DE ROSSAS
Divino Espírito Santo Festivity (seven
weeks after Easter)
Nossa Senhora do Pereiro Festivity

Our Lady of Fátima Festivity (13th

(15th August) REBORDÃOS

St. Sebastian Festivity (20th January)
Santíssimo Festivity (mobile holiday
in June)
St. Pantalião (27th July)
Nossa Senhora da Assunção Festivity
(15th August)
Nossa Senhora da Serra Festivity (30th
August/8th September)
Nossa Senhora do Rosário Festivity
(first Sunday of October)
St. Apolinário Festivity (penultimate
Sunday in September)
St Stephen (26th December)

Nossa Senhora das Graças Festivity (12-22nd August)

Santo Condestável Festivity (June) Santos Mártires Festivity (July) St James Festivity (penultimate Sunday in July) St Antão Festivity January St. Sebastian Festivity (20th January) St. Lazarus (fourth Sunday during St. Anthony at the Carvas Festivity (13th June) St. Benedict Festivity Senhora da Saúde and Divino Senhor da Piedade Festivity (11th July) Senhora do Sardão Festivity (15th August) Sagrado Coração de Jesus at the Seara Festivity (second Sunday of August) Nossa Senhora das Graças Festivity (22nd August) St. Bartholomew Festivity (24th

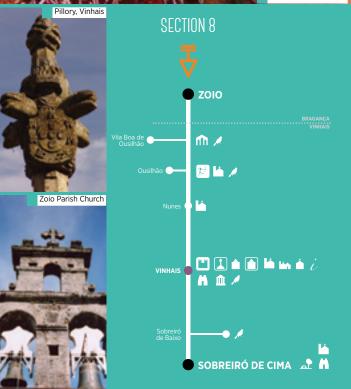
August) NOGUEIRA

St Anthony Festivity (13th June) Nossa Senhora da Cabeça Festivity (2nd February and 15th August) St. Pelágio, patron saint of the parish (26th June)

CARRAZEDO

Santíssimo Sacramento Festivity (third Sunday in May) St. Amaro (15th January) Nossa Senhora do Rosário Festivity (first half of October) St. Cecília (23rd November) St. Barbara (4th December) Our Lady of Fátima (15th August)







Take the road to Vinhais. You will slightly ascend the slope of the *Castro* hill, where you begin the descent to Ousilhão. The view is already amazing, with the Coroa Mountain as backdrop, still with snow on its top in March.

Ousilhão is an ancient land. with multiple cores connected by courtyards and strips of cultivated land, created with effort on sterile soil. On the hillsides, the oak grove is thick but the chestnut is more frequent, and some notable examples by age and size can be found, some even cracked because of the weight or the lightnings. The famous masks that cheer the rituals of the religious festival of Santo Estevão are made using this type of wood – boys shouting and jingling, masked according to the occasion, making mockery of the old people in the street (Christmas).

Start the descent through the Tuela River valley where some vineyards can be seen nearby the villages, like in **Romariz**, first village after Ousilhão. Here you find the direction to the Nossa Senhora dos Remédios Sanctuary (religious festival on 3rd August), a small 18th century chapel with a Baroque altarpiece and two procession images, confronting another located at 200 meters distance, dedicated to Saint Augustine.

The return to the Sanctuary is made through a different road, similar to the one that led you there, towards Nunes, a small roadside village, little bigger than Romariz, but with an interesting parish church. This was one of the places chosen to install a Rural Kitchen dedicated to traditional smoked products so characteristic of this region, which uses the meat of Bisaro breed, a fat and chunky pig with long head and thick bristles, fattened with the acorns and chestnuts of the region.

The road crosses the Tuela River in the Ranca Bridge. Interestingly, the nearby ancient



Roman road, which connected Chaves and Astorga also crossed this river, not at this location but more upstream.

When you see Vinhais in the horizon you will notice that on your right there is a marsh with a watercourse between a profusion of poplars and alders. We can see the Historical Centre among the houses, perched on a small headland located on East side. When observed from inside the village, the Castle still evokes, through the realism of deep structural gaps, the most difficult moves of the War of Restoration, when the square was entrusted to the heroic Estêvão de Mariz.

Walk down the town on

foot to know and understand well its story. Firstly visit the historic centre, where you can enter through the main door of the ancient fortress. Search for the Mother Church and find the pillory. Most part of the town extends out of the walls. Without great effort you will find two noble houses of reference - the House of the Counts of Vinhais and the House of Corujeira. And, while passing next to the St. Francis Convent, linger a little longer. If you get a chance visit the St. Francisco Church and the adjoining chapel of the Third Order to appreciate the magnificent baroque altarpieces.

Vinhais is a good place

to have lunch. If you do so, we suggest the magnificent smoked products, which have the Designation of Origin seal. This is the capital of the smoked products and every year an event of the specialty is organised in the second weekend of February. It is called the Feira do Fumeiro, where they sell smoked ham, butelo, salpicão, linguiças, alheiras and the sweet and bitter chouriças, that take the name of Vinhais to all the markets in the country.

Glad with this visit take the road towards Chaves. Pass the trout river and soon arrive in **Soutelo**, and then the indication to **Sobreiró de Baixo**. The Via XVII of the Antonine itinerary, which

connected the two conventual capitals of the peninsular Northwest, came through here - Asturica Augusta (Astorga) and Bracara Augusta (Braga) and that in the middle ages led many pilgrims to Santiago de Compostela, following an itinerary that is currently being revitalized as the Portuguese route of the Via de La Plata. The unmistakable yellow arrows that anywhere in Europe identify a jacobine itinerary prove it.

But the eighth section of the Route doesn't end in Sobreiró de Baixo, but in **Sobreiró de Cima**. Return to Soutelo and resume the road. In just over a kilometre you will reach your destination.



USEFUL INFORMATION

VINHAIS



Cidadela Transmontana Hotel

R. dos Frades 5320-331 Vinhais T. 935 564 513 / 966 279 724

RURAL TOURISM

Quinta dos Castanheiros

R. da Fonte 1 5320-023 Celas T. 273989014 Tlm. 962 044 060 Fax 273 989 014 info@quinta-dos-castanheiros.com

Casa de Campo Casa da Flor 5320-170 Soeira

T. 273 322 004 Tlm. 968 587 951 Fax 214 025 870

Casa-Retiro da Mencha

Rio de Fornos 5320-279 Vinhais T. 934 143 171 info@casadamencha.com

Casa dos Valdarmeiros

Bairro do Campo 5320-306 Vinhais T. 273 772 589 Tlm. 932 050 384 geral@casadosvaldarmeiros.com

Biologic Park Hotel inn

Rio de Fornos 5320-279 Vinhais T. 273771040 Tlm. 933 260 304 T. 273 771 040 geral@parquebiologicodevinhais.com

Guard's House

Parque Biológico - Ciradelha 5320-327 Vinhais T. 273 771 040 Tlm. 933 260 304 Fax 273 771 040 geral@parquebiologicodevinhais.com

CAMPING

Rural Camping (Bungalows)

Parque Biológico - Ciradelha 5320-326 Vinhais T. 273 771 040 Tlm. 933 260 304 Fax 273 771 040 geral@parquebiologicodevinhais.com

Camping and Caravaning area

Parque Biológico - Ciradelha 5320-328 Vinhais T. 273 771 040 Tlm. 933 260 304 Fax 273 771 040 geral@parquebiologicodevinhais.com

TO EATING OUT

Comercial Restaurant

R. Nova da Calçada 5320-322 Vinhais T. 273 772 169

O Silva Restaurant

R. S. Francisco n.º 27 5320-321 Vinhais T. 273 771 242

Delfim Restaurant

Av. Padre Firmino Augusto Martins 5320-301 Vinhais T. 273 772 456

Convite Restaurant

R. José Morais Sarmento 5320-334 Vinhais T. 273 771 314

Lameirinhas Restaurant

Estrada Nacional 103 5320-165 Sobreiró de Baixo T. 273 771 490

O Manuel Restaurant

R. José Morais Sarmento 5320-334 Vinhais T. 273 107 337

Boavista Beerhouse

R. Dr. Álvaro Leite 5320-332 Vinhais T. 273 771 595

O Tapas Restaurant

Av. Padre Firmino Martins 5320-301 Vinhais T. 939 872 021

The Brothers Pizzeria

R. da Corujeira 5320-323 Vinhais T. 273 771 025

Akapour Restaurant

Av. Padre Firmino Augusto Martins 5320-301 Vinhais T. 273 772 415

Rossio Restaurant

R. Portela Frades 14 5320-325 Vinhais T. 273 771 441

Vasco da Gama Restaurant

R. Nova da Calçada 5320-322 Vinhais T. 273 106 257

A Lareira Restaurant Snack-Bar

Estrada Nacional 103 5320 Vinhais T. 273 679 179



A Tasca do Meio

Rua dos Frades nº 16 T. 273404810

Restaurante Paulu's

Complexo das Piscinas, 5320-301 Vinhais, T. 273771666

LEISURE / SERVICE

Vinhais Town Hall

R. das Freiras, 13 5320-326 Vinhais T. 273 770 300 Fax 273 771 108 geral@cm-vinhais.pt

Post Office

Largo do Arrabalde (EN 103) 5320-999 Vinhais T. 273 771 940 Fax 273 771 946

Vinhais Biological Park

Alto da Ciradelha 5320 Vinhais 7. 273771040 Tlm. 933 260 304 Fax 273 771 040 vinhais@parquebiologico.pt www.parquebiologicodevinhais.com

Religious Arts Museum of the Terceira Order

R. dos Frades 5320 Vinhais T. 273 770 300 ecomuseu.artesacra@gmail.com

Montesinho Natural Park Interpretation Centre

Casa da Vila em Vinhais 5320-272 Vinhais T. 273 771 416 cipnm@cm-vinhais.pt

Tourism Office

R. Nova (EN 103) 5320-335 Vinhais T. 273 770 309

Vinhais Swimming Pool

EN 316 5320 Vinhais T. 273 770 307

Earls of Vinhais Manor House and Culture centre

 biblioteca municipal, espaço internet, auditório, bar, anfiteatro e salas de exposições
 R. Simão Costa Pessoa

5320 Vinhais T. 273 771 438

Arts and Crafts Green Park (ethnographical collection)

Alameda das Piscinas, 5320 Vinhais T. 273 770 309



EVENTS

BRAGANÇA

7010

Festivities of the Holy Trinity in May/ June, St Anthony Festivity (13th June) and Sacred Heart of Jesus (mobile holiday in June)

VINHAIS

VILA BOA DE OUSILHÃO

Corpus Christi St. Roque Festivity (16th August) St. Michael Festivity (29th September) Carnival

OUSILHÃO

Nossa Senhora da Alegria Festivity (second Sunday of August) St Stephen Festivity (25-26th December)

NUNE:

Nossa Senhora dos Remédios Festivity (third Sunday of August) St. Cipriano Festivity (16th September) St. Antão Festivity (17th January)

VINHAIS

Town Festivities Nossa Senhora da Assunção Festivity (1-15 August)

St Anthony Festivity (first Sunday of September) Rural Castanea - The Chestnut Festival

(last weekend of October) Fumeiro Fair (traditional smoked sausages, second weekend in February)

A Thousand Devils on the Loose (Saturday after Carnival)

OBREIRÓ DE BAIXO

St Matthews Festivity (21st September) Our Lady of Fátima Festivity (13th October) St. Michael Festivity







was born from the bifurcation of the roads of Chaves and Lomba, next to the St. Miguel Arcanjo Chapel. After you pass the detour to Carroçeiras, the road begins to descend slowly through the Rabaçal Valley. Then you will see a detour on your right that leads to Peleias, a modest place, and then to Tuizelo, that absolutely deserves a visit. Here in Tuizelo a pilgrimage to Nossa Senhora dos Remédios (31st August to 8th September) is made every year. The Church where the Fellowship is installed is a magnificent example of Baroque style, with a big nave, painted barrel vault, and good gilded and polychrome altarpieces, which attest the charitable spirit of the population. In the exterior, the largeness of the space, the Casa da Confraria with its porch balcony and fountain are premonitions of the surprise that awaits the visitor.

After returning to Peleias, continue the descent to the Rabaçal River, and after you cross it you will climb the steep slope to the Alto da

Tremonha. Here the road has an exit on the right to **Gestosa**. This is a former and clean village, on the old road to Santalha, not far from the medieval bridge of Rabaçal, one of the many testimonials that confirm the ancient human occupation in this region of Lomba.

Resuming the Route, you will see signs in West direction, to Passos and Vilar Seco, also two villages of the ancient land of Lomba, which in this latter place used to have the pillory of its jurisdiction. If you come here please notice the parish church, enriched with a beautiful carved pediment containing the image of the Patron Saint St. Julião, and with interior altarpieces and paintings dating from 1788. And by the way, ask to see the buried wine cellars, an ingenious process of controlling the climate adversities in the preservation of wine, burying the wine



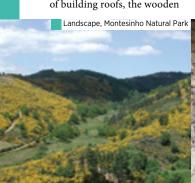
cellars on the slopes with thatched roof. And if you find it curious, look for them also in **S. Jumil.**

After leaving Vilar Seco da Lomba turn to Quiraz. You will pass through Edroso, valuable by its exceptional localization, very close to the geodesic mark of Arrasca (920 meters), with extensive views in all directions. You will find here the first houses with coverage in slate layers, which are part of the traditional construction features of the Trás-os-Montes region. In Vilarinho de Lomba take the new road to Pinheiros which gives continuity to the Route. You will cross the Rabacal River on the former bridge of Santa Rufina, almost two hundred meters below through a very winding road. Drive carefully to not challenge the danger.

The arrival to **Pinheiro Novo** is made by West. This is one of the most interesting villages of the region because it still preserves its potential related to the popular expressive architecture. Interestingly, you can still see here, through the remaining examples, the whole evolution of building roofs, the wooden

frames covered with thatch, the same frames covered with layers of slate and the Marseille ceramic tile. Also worthy of mention is the Manor House in the centre of the village, which is near a beautiful bifacial stone cross.

The Route now crosses the Assureira Valley, passing through an unevenness of almost three hundred meters. This route offers magnificent views in all directions, as the road meanders until the Contim slopes. Contim village is on the right, followed by Seixas, from where you can go to Santalha and Tuizelo. From Seixas you will continue to climb the Coroa Mountain, on your way to Vilarinho das Toucas. Go down to Casares, an oasis of freshness in the devastating dryness of the mountains. Ascending again, the road reaches the highest altitude of the Mountain (Coroa-1273 metres) to start the descent to Carvalhas and Moimenta. The plateau extends with barren lands and scattered groves. And in this vastness of views, where nature can be seen with its entire splendour, you arrive to Moimenta, where another section of the Route ends.





USEFUL INFORMATION

EATING OUT

VINHAIS

Refugio Sublime Restaurant

Av. do Brasil, 17 5335-102 Rebordelo T. 278 369 382

Terra Fria Restaurant

Av, do Brasil 5335-102 Rebordelo T. 278 108 229

A Lareira Restaurant 5335-051 Curopos

T. 273 679 176

A Fraga dos 3 Reinos Restaurant

5320-070 Moimenta. T. 273 648 032

ACCOMMODATION

RURAL TOURISM

Casa da Fonte de Travanca

Lugar da Travanca 5320-180 Travanca T. 273 695 014 Tlm. 933 289 612 Fax 273 695 014 geral@casadafonte.com

Casa-Abrigo do Geadas

Travanca 5320-180 Travanca T. 273 326 002 | 273 324 413 Fax 273 331 711 ogeadas@hotmail.com

As Casas de Casares

Lugar de Casares 5320-082 Montouto T. 273 326 911 Tlm. 934 346 673 / 934 172 503 Fax 273 332 847 www.casas-de-casares.pt casasdecasares@gmail.com

Refúgio Sublime

Rebordelo 5335-104 Rebordelo T. 278 369 382 Tlm. 962 368 481 hospedagemrebordelo@hotmail.com

Casa do Reimão

Nuzedo de Baixo 5335-133 Vale das Fontes T. 934 067 550

Quinta da Barca

Minas de Ervedosa 5335-073 Minas de Ervedosa, T. 936 755 753

EVENTS

SOBREIRÓ DE CIMA

Santa Luzia Festivity (August)

TUIZEL (

Nossa Senhora dos Remédios Festivity (31st August – 8th September) St. Lourenço (10th August) St. Peter (24th August) Nossa Senhora da Assunção (15th August) St. Roque (16th August)

SANDIM

St. Mamede and St. Amaro Festivity (17th August)

GESTOSA

Nossa Senhora da Assunção Festivity (15-16th August)

PASSOS

Senhor dos Aflitos Festivity (second Sunday of August)

VILAR SECO DE LOMBA

St. Julião (7th January) St. Barbara (17-18th August)

QUIRAS

St. Salvador (6th August) Nossa Senhora da Ascensão Festivity (15th August) Nossa Senhora das Candeias and Santa Eufémia Festivity (22nd August)

PINHEIRO NOVO

Sta Marinha Festivity (18th August)
St. Sebastian Festivity (20th January)
St. Anne (26th July)
St. Anthony Festivity (13th June)

DINILIEIDO VELLIO

St. Sebastian Festivity (20th January)

ONTIM

St. Margarida (20th August)

ERDEDO

Nossa Senhora da Ascensão Festivity (15th August)





the most interesting villages in the Terra Fria and it is located in a slope of the Coroa Mountain. about 900 meters of altitude. in the middle of the basin of the upper Tuela River. The parish church, deservedly ranked, is the paradigm of this situation, but many houses, such as the one of the Ataídes Figueiredo, of erudite character, or the one of the Ponecas family, this more popular, and even city routes like the Largo do Calvário, the Praça do Comércio, the Ruas do Carreiro, the Ruas da Urze or Ruas da Ponte. are proof of the concern and the quality requirements of

opportunities created by frontier relations.

It is a remotely populated place, it still preserves the memory of the previous civilizations in numerous traces that its occupation left us - a

fortified castle where the stream of Anta joins the Tuela River, locally known as Cigadonha or Cigarrosa; a cobbled street of medieval origin that connects the bridge to the village and continues beyond it; a medieval bridge; and many other buildings that have lasted in time till the present day, namely the turbine that supplied energy to the village until 1970, while waiting for the connection to the national electric grid. Some undertakings as the threshing floor, the mills, the wine presses, the fountains and the community forge still remain as key references of the popular culture.

If the time suits you stay for lunch and try the smoked products of Moimenta or a game meal.

If you still have time, ask for directions to the Penedo dos Três Reinos, which in the Middle Ages marked the border between the kingdoms of Portugal, Castile and León

and Galicia.

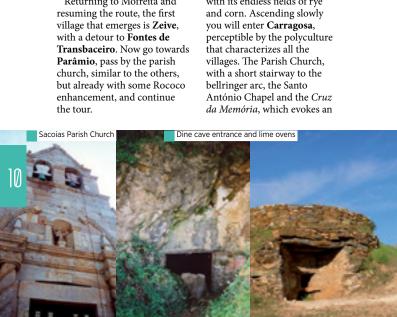
To leave Moimenta you descend the Tuela River between patches of varied cultures towards to Mofreita, a village with simple buildings, with some sparse notes of Baroque erudition, especially in the decoration of doors and Windows coverings and, of course, in the Mother Church. Curiously, it still preserves the remains of an ancient female monastery secularised long

It will be worthwhile to make a brief detour to the village of Dine to visit a cave of the Chalcolithic period, which is classified and blocked for its own preservation and which justified the installation of the Interpretative Center of Lorga de Dine, which is the name of this prehistoric monument. Around it you can also see a set of four old lime kilns preserved as a memory of an activity - manufacture of lime by calcination of the local limestone - that still existed not so many years ago. The panels displayed on the site explain well the process.

Returning to Mofreita and

The weir on the bridge of Parâmio is the perfect site for those who like fishing. Then, there are three detours on the left towards Vilarinho, Cova de Lua and Soutelo. At the junction of Cova de Lua there is the Senhora da Hera Sanctuary, with a picnic Park surrounded by trees where you can see a dry trunk supporting a nest of storks. If you go to Cova de Lua you will see, at the entrance, five pigeon lofts in Horseshoe form, which gives a nice scenic effect. Visit the Church from the 16th century still with narthex and the community undertakings that characterized the social life the ovens, the forge and the wine press.

As you move away from the population, the chestnut tree begins to give room to the Pyrenean oak, which covers the rough slopes of the Baceiro River visible on your right until you arrive to the point of connection between Soutelo and Carragosa and the separation between the basins of the Sabor and the Tuela. The Espinhozela plateau starts here with its endless fields of rye and corn. Ascending slowly you will enter Carragosa, that characterizes all the villages. The Parish Church, with a short stairway to the bellringer arc, the Santo António Chapel and the Cruz





assassination perpetrated in 1928, are the main references of this place.

Continue to Meixedo, and from there, go to Oleirinhos and remain in the road of Bragança until you reach Rabal, only five or six kilometers north from the city. Rabal is an old village, next to the Veiga stream, affluent of the Sabor River. It originates at the foot of a hill, called Alto do Castro because of a fortified settlement from the iron age that once existed there. Continuing the journey towards Baçal through the new road and you will arrive in the village by West. It's an ancient village of reasonable size, its name was consecrated by the

excellent contribution that the father Francisco Manuel Alves (1865-1947), generally known as Abbot of Baçal, gave to the history and culture of Trás-os-Montes, and also to its research, its understanding and its disclosure.

Keep going, starting the descent towards the Igrejas River where the village of Varge is located in a scenario already marked by a densification of the woods. You can see chestnut trees, Oaks and some Cork oaks alongside the river until the formation of the marsh in the bottom of the valley.

Keep now towards Rio de Onor, the tenth section of the Route.

USEFUL INFORMATION



RURAL TOURISM

VINHAIS

Casa do Moleiro e do Moinho 5320-051 Fresulfe T. 273 659 302 Tlm. 934 131 717

Casa da Aldeia de França

R. do Cruzeiro Aldeia de França 5300-541 Franca Tlm. 964 516 337 casadefranca@netureza.pt

Casa da Bica

Gondesende 5300-561 Gondesende T. 273 323 577 Tlm. 934 938 386 Fax 273 323 577 casadabica@montesinho.com www.montesinho.com/casadabica R. Coronel Álvaro Cepeda Gimonde 5300 - 553 Gimonde T. 273 302 510 Tlm. 969 361 386 Fax 273 381 302 geral@amontesinho.pt

Casa das Cantarias

R. D'O Lameiro - Gondesende 5300-561 Gondesende Tlm. 968 800 676 e 966 351 183 manuela.gondesende@gmail.com

Casa do Cruzeiro

Aldeia de Maças, 15 - Parâmio 5300-743 Parâmio T. 273 999 224 Tlm. 916 222 666 qeral@casadocruzeiro.net

Casa da Edra

R. do Meio - Montesinho 5300-542 Montesinho T. 273 919 039 Tlm. 962 777 026 casadaedra@casadaedra.com reservas@casadaedra.com

Casa da Escola

R. Coronel Álvaro Cepeda Gimonde 5300-553 Gimonde T. 273 302 510 Tlm. 969 361 386 Fax 273 381 302 geral@amontesinho.pt

Casa do Lello

R. da Veiga - Aldeia de Rabal 5300-791 Rabal Tlm. 917 532 150 info@casadolello.com

Casa do Lúpulo

R. Coronel Álvaro Cepeda Gimonde 5300-553 Gimonde T. 273 302 510 Tlm. 969 361 386 Fax 273 381 302 geral@amontesinho.pt

Casa dos Marrões

Vilarinho da Cova de Lua 5300-525 Vilarinho T. 273 999 550 Tlm. 967 887 232

Casa da Mestra

R. Coronel Álvaro Cepeda Gimonde 5300-553 Gimonde T. 273 302 510 Tlm. 969 361 386 Fax 273 381 302 geral@amontesinho.pt

Casa dos 9 Mestres da Mina

Portelo | 5300-544 Portelo Tlm. 919 554 142 / 969 008 834 Fax 273 432 151 geral@m9m.pt www.m9m.pt

Casa das Pedras

Montesinho | 5300 Montesinho Tlm. 919 860 500 casadaspedras@sapo.pt

Moinho do Canico

EN.103 Km 251 - Ponte de Castrelos 5300-068 Castrelos 7. 273 323 577 Tlm. 933 224 503 Fax 273 323 577 moinho@montesinho.com www.montesinho.com/moinho

Ninho do Melro

Rabal 5300-791 Rabal Tlm. 962 578 374 turismorural@ninhodomelro.com www.ninhodomelro.com

Solar de Rabal

Largo da Fonte, 2 - Rabal 5300-791 Bragança T. 273 919 049 Tlm. 917 210 320 917 547 348 info@solarderabal.com www.solarderabal.com

BRAGANÇA

José Miguel Pires Montesinho

Montesinho T. 273 919 227

Casa da Tia Maria Rita

R. da Igreja, Montesinho 5300-542 Montesinho T. 273 919 229

NATURE TOURISM BRAGANÇA

Lagosta Perdida

Rua do Cimo, nº 4 Aldeia de Montesinho 5300-542 Montesinho T. 273 919 031 Tlm. 933 125 106 Fax 273 919 032 lagostaperdida@lagostaperdida.com

CAMPING BRAGANCA

Cepo Verde Camping site

Gondesende – E.N.103, Km 8 5300-561 Gondosende T. 273 999 371 cepoverde@montesinho.com

Sobre Águas Camping site

Estrada de Rabal (estrada nacional 103, Km 6) 5300-671 Meixedo T. 273 329 409 | Fax 273 326 947 pc.braganca@inatel.pt AgroTurismo

AGRITOURISM BRAGANCA

Quinta das Covas

Casa do Forno Casa do Guieiro R. Coronel Álvaro Cepeda Gimonde 5300-503 Gimonde T. 273 302 510 Tlm. 969 361 386 Fax 273 381 302 geral@amontesinho.pt



Moimenta

Casa do Rio Fervença

Rua das Moreirinhas, nº 47 5300-205 Bragança 273 312 220/ 967 819 745 casadoriofervenca@gmail.com

Casa do Pascoal

Rua da Cruz 5300-525 Vilarinho 967 014 820 / 968 810 859 casadopascoal.vilarinho@sapo.pt www.casadopascoal.com

EATING OUT

BRAGANÇA

Careto

Rua do Castelo, 1 - Varge 5300-412 Bragança T. 273 919 112

D. Roberto

Estrada Nacional 218 km 7 5300 – 553 Gimonde T. 273 302 510 Fax 273 381 302

Maria Antónia

Soutelo-Carragosa 5300 - 453 Carragosa T. 273 381 465 Tlm. 939 804 824

O Abel

R. do Sabor 5300-553 Gimonde T. 273 382 555 Tlm. 936 886 713

O Javali

Qta do Reconco Estrada do Portelo 5300 Portelo T. 273 333 898

Quinta das Covas

Rua Coronel Álvaro Cepeda Gimonde 5300-553 Bragança T. 273 304 408 Fax 273 381 302

Taberna do Xastre

Estrada N 103-7 Sentido Bragança -Portelo Aldeia de Rabal T. 273 919 063

LEISURE / SERVICES

Museum of Smuggling

5320-070 Moimenta, T. 273 649 195

EVENTS

MOIMENTA

Nossa Senhora do Carmo Festivity (penultimate Sunday of August) Three Magi Festivity Fumeiro Fair (traditional smoked sausages) Franca Fair (traditional trade, last weekend of April)

MOFREITA

St. Vincent Festivity (two months and two days after Easter)

DINE

Nossa Senhora do Rosário Festivity (first Sunday of October) St. Stephen Festivity (26th December) Nossa Senhora da Assunção Festivity (15th August)

BRAGANÇA

MAÇÃS

St. Leucádia Festivity (9th December)

PARÂMIO

St. Lourenço Festivity (second Sunday of August) St. John Festivity (24th June) Our Lady of Fátima Festivity (13th May) St. Leucádia Festivity (9th December) St. Cipriano Festivity (16th September) Sagrado Coração de Jesus Festivity (mobile holiday in June)

COVA DA LUA

Nossa Senhora da Hera Festivity (first Sunday of August)

SOUTELO

St. Peter Festivity (29th June)

CARRAGOSA

St Anthony (13th June)
St. Peter Festivity (29th June)
Nossa Senhora da Assunção (15th Aug.)
Sagrado Coração de Jesus Festivity
(August)

MEIXEDO

St. Anne (last week of July)
St. Sebastian Festivity (20th January)
Festivity of the Lord and the Lady
(second half of July)
St. Vincent (22nd January)
Sagrado Coração de Jesus Festivity
(second half of October)

RABAL

St. Bartholomew Festivity (24th August) St. Sebastian Festivity (20th January) Infant Jesus Festivity (1st January)

BAÇAL

Holy Trinity Festivity (first week of July) St. Romão (18th November) Epiphany of the Lord Festivity (6-7th January); Nossa Senhora da Assunção Festivity (first Sunday of September) Festa dos Rapazes Festivity (first weekend of Januay) Festa das Raparigas Festivity (Decem.) Traditional Singing (during the Magi season)

ACÓIAS

Nossa Senhora da Assunção Festivity (15th August) Festa dos Rapazes Festivity (over Christmas)

VARGE

Holy Father of Varge (7th January) Festa dos Rapazes Festivity (over Christmas)









the most emblematic northeastern village and may have originated from the medieval village of Vinhas Cales, located at the Cabeço do Codeçal, over West of the current village. Yet in recent date one could consider the last remnant of the medieval communitarianism. translated into the sharing of land and resources, into the extravagance of the money circulation and into the value of the word of honor.

The exit to Guadramil, where the Route continues through a recently repaired road. Guadramil is a small village, built with the same kind of schist of Rio de Onor and very similar to this village in terms of typology and architecture of the buildings. Degraded by the aging of the houses and the abandonment of the population, it never triggered the same curiosity as its neighbor Rio de Onor, and the difficult access never allowed ambitious intervention other than normal construction works. That is why this village keeps almost intact its original appearance.

Continue south, with the Guadramil stream and its West

marsh until the road leads you to the slope of the plateau of Deilão. You arrive in Deilão, a small village that gave its name to this plateau, named as one of the Terra Fria natural sub regions. After a short climb you arrive at S. Julião, seat of the parish of S. Julião de Palácios, where there is an intersection on the road - on the right it continues to Bragança and on the left, crossing the village at East side, it continues towards Quintanilha. Scattered village, consisting predominantly of two adjacent cores, it still preserves much of the original structure.

Now abandon the route for a few kilometers to visit some nearby villages. Continuing the road, in less than a mile, you will find a detour on your right to **Caravela** and, soon after, another on your left to **Palácios**. Palácios is a small village clustered around a church devoted to Archangel St. Michael, whose image is painted in tempera in one of



its outer walls. It is worthy to mention a small Rural Museum of private initiative installed in a former press, containing all sorts of objects and artifacts that were, until a few years ago, the daily life of the local population, now remembered only by few and unknown to many.

A little further on, the main road meets the St. Sebastião Chapel, where village of Babe begins, which spreads on the right side in a plain surface, generally known as the *Planalto de Babe*.

Babe is a mythical place, with special significance in the historical evolution of Portugal. At this location, on 26th March 1387, the Duke John of Gaunt said goodbye to his daughter Filipa de Lencastre, already married to King João I of Portugal. This was the place of the Alliance which would later, in successive episodes in the history of these two countries,

allow the continuity of their own independence. This is a village whose antiquity can be seen in its buildings, even more evident because of the schist. It's worth visiting. The parish church, invariably built in granite according to the current Baroque style, has on its facade evocative tombstones evocative of the regal linkage and of the political agreement that some historians refer to as *Tratado de Babe*.

Return the S. Julião to resume the route. Réfega is a small and old village created at the Eastside of that stream, which here feeds a big marsh, in a strategic road which established the connection of the ancient Kingdom of León and Castile, across the border of Quintanilha, with the interior of the Kingdom of Portugal, in its route to Bragança and Chaves. This road was used as shortcut by many pilgrims in their long walk to Santiago by the Via de La Plata, with origin in Seville, avoiding thus the mountains of Sanabria.

But the route continues up the road that you followed before the fast visit to Réfega. After two straight lines, you will see an indication on your right to the small village of Veigas and, shortly after a new exit, on your left, to Quintanilha, where this eleventh section ends, the last of the Route of the *Terra Fria* and which was the starting point of your tour.









USEFUL INFORMATION

ACCOMMODATION

RURAL TOURISM

BRAGANÇA

Casa Luiz Gonzaga R. da Portela. 21

R. da Portela, 21 5300–421 Babe T. 273 927 007 Tlm. 917 342 689 918 387 137 Fax 225 091 211 mail@casaluisgonzaga.com.pt www.casaluisgonzaga.com.pt

Casa de Onor

Sra. Rita Rêgo Aldeia de Rio de Onor R. Central, 34 5300-821 Bragança T. 273 927 163 Tlm. 937 592 762 reservas@casadeonor.com www.casadeonor.com

CAMPING BRAGANC

Rio de Onor Rural Camping

5300 Bragança Tlm. 919 982 479 jmarta.consultor@gmail.com

EATING OU

BRAGANÇA

Lombada

Bairro S. Sebastião, 7 5300-421 Babe T. 273 926 425 Tlm. 912 544 094 Fax 273 926 425 bruno.babe@hotmail.com

EVENTS

BRAGANÇA

RIO DE ONOF

St. John Festivity (24th June)
Our Lady of Fátima (13th May)
Nossa Senhora do Rosário Festivity
(last Sunday of August)
St. Vincent Festivity (22nd January)

CHADDAMII

St. Vincent Festivity (22nd January) Nossa Senhora do Rosário Festivity (13th May)

DEILÃO

Nossa Senhora da Assunção Festivity (15th August) Festa dos Rapazes Festivity (1st November and 25-26th December) St. Sebastian Festivity (20th January)

VILA MEÃ

Nossa Senhora dos Remédios Festivity (first Sunday of August) Festa dos Rapazes Festivity (1st Nov.) St. Eulália Festivity (25-26th December)

SÃO JULIÃO DE PALÁCIOS

Sagrado Coração de Jesus Festivity (3rd Sunday of August) Festa dos Rapazes Festivity (25-26th December)

ΡΔΙ Δ΄ ΓΙΩ S

Music and Bagpipers Festivity (last Sunday of July) St. Michael (29th September)

۸RE

SABE
St. Peter Festivity (29th June)
Corpus Christi
Nossa Senhora do Rosário Festivity
(first Sunday of October)
St. Sebastian Festivity (20th January)
Bonfire of the Souls Festivity, All Saint's
Day (1st November)
Epiphany of the Lord (6th January)
Festa dos Rapazes Festivity (25-26th
December)





USEFUL PHONE LOCATION AND NUMBERS

SOS - 112

BRAGANÇA Republica<u>n Law</u> Enforcement Police T. 273 303 400 Fire department T. 273 310 800 Tourism office

T. 273 381 273

MIRANDA DO DOURO

Republican Law **Enforcement** T. 273 430 010 Fire department T. 273 431 <u>066</u> **Health Centre** Tourism office

MOGADOURO Republican Law Enforcement T. 279 340 210 **Fire department** T. 279 340 020 **Health Centre** Tourism office Arts and Crafts House

VIMIOSO Republican Law Enforcement Fire department T. 273 511 000 **Health Centre** Tourism office

VINHAIS Republican Law Enforcement T. 273 770 090 Fire department T. 273 771 012 Health Centre **Tourism office**

ROAD NETWORK



The territorial space of the Terra Fria do Nordeste Transmontano (TFT) encompasses five of the twelve municipalities of the district of Braganca - Bragança, Miranda do Douro, Vimioso, Vinhais and Mogadouro - which constitute the sub-region represented by the Associação de Municípios da Terra Fria do Nordeste Transmontano, Its periphery in the national context is justified because it is bordered

to the North and East by the autonomous regions of Galicia and Castilla v León, of the neighbour Spain. To the South and West are limited by the municipalities of Macedo de Cavaleiros, Mirandela, Valpacos and Chaves, Below 400 meters of altitude are iust the thalweas of the Rabacal, Tuela, Sabor and Macãs rivers in the lower sections of their courses, and above the 1000 meters, the Coroa, Noqueira and Montesinho Mountains.